

BARTLETT CENTER ACTIVITIES

1318 Cravens Avenue (310) 320-5918 | MONDAY - FRIDAY 8:00 a.m. - 4:00 p.m.

Nutritious lunches served MONDAY through FRIDAY at 11:30 a.m. for the low cost of \$3.

Please make lunch reservations at least 24 hours in advance.



Monday

8:05 a.m. - 9:15 a.m.	**Fitness Difference
9:30 a.m. - 12:00 p.m.	Lapidary Workshop - Fee: \$2
10:00 a.m. - 11:00 a.m.	Salsa for Seniors Don't let two left feet keep you from attending!
10:00 a.m. - 11:00 a.m.	Walking Club Local walk around Bartlett and Old Town Torrance
12:30 p.m. - 3:45 p.m.	Bridge

Tuesday

8:00 a.m. - 11:45 a.m.	Line Dancing 8:00 a.m. Dancing by request 8:30 a.m. Beginner 9:30 a.m. Improver 10:35 a.m. Intermediate
10:00 a.m. - 11:00 a.m.	Spanish/English Book Club Meets every 2 nd Tuesday of the month. Call (310) 320-5918 for more information.
9:30 a.m. - 11:15 a.m.	Meditation and Breathing Workshop with Beverly
12:30 p.m. - 2:30 p.m.	"Coffee with Maxine" Discussion Group

Wednesday

8:00 a.m. - 12:00 p.m.	Beading Workshop
8:05 a.m. - 9:15 a.m.	**Fitness Difference
9:30 a.m. - 12 p.m.	Lapidary Workshop - Fee: \$2
10:00 a.m. - 11:15 a.m.	**Chair Fusion
12:30 p.m. - 1:30 p.m.	Wisdom Wednesday Every 2 nd Wednesday of the month

Thursday

8:00 a.m. - 11:45 a.m.	Line Dancing 8:00 a.m. Dancing by request 8:30 a.m. Beginner 9:30 a.m. Improver 10:35 a.m. Intermediate
9:30 a.m. - 12 p.m.	Lapidary Workshop - Fee: \$2
12:15 p.m. - 2:00 p.m.	Movie Matinee Rotating movies weekly

Friday

8:05 a.m. - 9:15 a.m.	**Fitness Difference
9:00 a.m. - 12 p.m.	Crafts Workshop
10:00 a.m. - 11:00 a.m.	Walking Club Location varies - Join our adventure!
12:30 p.m. - 3:00 p.m.	Senior Discussion Group Trending topics vary
12:30 p.m. - 2:00 p.m.	Karaoke Most of us can't carry a tune, so don't be shy! Occurs on the 1 st & 3 rd Friday of the month

****Classes are sponsored by Optimum Life Educational Foundation (OLEF).**

For more information please call (310) 271-5523 or email OLEFclasses@gmail.com

