

5-0 AND ON THE GO!

JANUARY/FEBRUARY 2026

Is your New Year's resolution to have more fun, make friends, and exercise your body and mind? Then look no further! Come explore our Senior Centers. Each Center is unique and offers a variety of activities!

Memberships renew each January.

Join/renew for just \$5 to continue enjoying all programs and activities without interruption.

Bartlett Center

1318 Cravens Ave. | (310) 320-5918
Monday - Friday 8 a.m. - 4 p.m.

Fitness Classes

Arts & Crafts

Group Discussions

Karaoke

Dancing Classes

Book Clubs

Mini Fitness Center

And Much More



Herma Tillim Senior Center

3612 W. Artesia Blvd. | (310) 618-2337
Tuesday, Wednesday, & Thursday 9 a.m. - 3 p.m.

Crafting Shops

Bingo

Card Games

Painting

Board Games NEW

Billiards



Walteria Park Senior Center

3855 W. 242nd St. | (310) 378-3862
Monday & Thursday 11 a.m. - 3 p.m.

Ping Pong

Movies NEW

Card Games

Board Games NEW



City of Torrance Senior Centers

Come explore our Senior Centers. Each Center is unique and offers a variety of activities!

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Ages 50+

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COMMISSION ON AGING

The Commission assists with the needs and issues confronting senior citizens in the community and provides a voice for seniors. The Commission meets the first Tuesday of each month at 9:30 a.m. inside the West Annex Commission Room at 3031 Torrance Blvd.

Upcoming Meeting Dates and Presentation Topics

January 6, 2026 – Join us for an informative presentation by Melissa Morales, Associate Director of Community Impact at Habitat for Humanity of Greater Los Angeles, and learn how you can make a difference.

February 3, 2026 – Dr. Maria Aranda, PhD., Professor of Social Work and Gerontology at the University of Southern California's Edward R. Roybal Institute on Aging, will present on the Alzheimer's Savvy Caregivers Program.

FOCAL POINT ON AGING

An essential information hub for senior citizens that offers easy access to a comprehensive range of services. From transportation and housing to healthcare, Meals-On-Wheels, HMOs, Medicare, social and legal services, and more. The friendly and dedicated team of Focal Point volunteers is well-prepared to receive inquiries by phone.

The Focal Point Program is housed in the Russ Nolte Annex at 1339 Post Ave., next to the Bartlett Senior Citizens Center, in Downtown Torrance. Please note that Focal Point operates exclusively by phone Monday - Friday between 9 a.m. and noon. No walk-ins. For more information and assistance, contact the Focal Point team at (310) 320-1300.

Torrance Travelers are heading to...

The Getty Villa- February 25, 2026

The Huntington Library- April 22, 2026

The Los Angeles Museum of Art (LACMA)- June 25, 2026



Open to everyone 50 and older. No membership required.