

## **FLAG FOOTBALL VOLUNTEER COACHES**

### **Frequently Asked Questions**

#### **How much is the program?**

Our league fee is \$79.00 for residents and \$89.00 for non-residents. Volunteer coaches will receive a full credit upon returning the equipment at the end of the season.

#### **How do I register for the program?**

You can register for youth sports leagues online, by mail, fax or by walking into the registration office at the Community Services Department. Please note that there are registration deadlines for each program. Volunteer coaches should register their children as soon as possible.

#### **How do I become a volunteer coach?**

Sign up by filling out the coach’s application at: <https://www.volgistics.com/ex/portal.dll/ap?AP=109843487> After completing the application, you will receive an email with additional steps to complete including a background check and other paperwork. Volunteer coaches must be fingerprinted annually.

#### **How many kids are on a team?**

There are 16 players maximum permitted per team and eight players on the field at a time.

#### **How do you break down the teams and what are the age groups?**

Flag football is a co-ed sport. Teams are separated by grade level, then by school or geographic location. If there are not enough players from a specific school, they will be combined with a neighboring school that is also short on players. The program is for participants in kindergarten through eighth grade. The number of divisions will depend on the number of registered participants. Grade levels may be combined with others to accommodate a division in the league.

#### **Can I request a specific child to be on my team?**

Requests are not accepted.

#### **Is there a Coaches Meeting?**

A Coaches Meeting is scheduled for 6:00 p.m. on Tuesday, September 17, 2025 at Wilson Park.

#### **How do I bring in a team?**

Outside teams will not be accepted in any division. Individual players are welcome to register in the City’s Flag Football League and be placed on a team.



City of Torrance • Community Services Department • Recreation Division

(310) 618-2930 • [www.TorranceCA.gov](http://www.TorranceCA.gov)

*“Creating and Enriching Community through People, Programs and Partnerships”*

### **When and where are practices? How many are there per week?**

Volunteer coaches schedule their practices based on their availability. City of Torrance parks will be available, and coaches must get a permit for the day/time/location. At the first practice, volunteer coaches will have a parent/guardian meeting and collect emergency forms for each child which you will keep with you at all practices and games. Emergency Forms will be provided to you by the league.

### **When and where are the games played?**

Games will be held on Saturdays at one of the City of Torrance Facilities, with the exception of upper grades, which will play on a weekday evening. Game times may vary. Schedules will be posted on the Youth Sports website at the beginning of the season.

### **How long is the program and how many games are there?**

Each team will play 8 games.

### **What does my team wear?**

Participants will wear the City of Torrance uniform shirt and appropriate athletic footwear. You will meet with the parents to determine the rest of the uniform. Mouth guards are strongly recommended in flag football games.

### **Is it necessary to have football experience?**

No, and the City of Torrance will provide online coaches training that will teach the basic rules, strategies, and skills, and encourage good sportsmanship and fair play. The program's goal is to help provide an opportunity for children to play in an organized recreational Youth Sports League.

### **If I have more questions, who do I contact?**

If you have any further questions, you can contact the Youth Sports Office by phone (310) 618-2949, or by email at [JCastillo@TorranceCA.Gov](mailto:JCastillo@TorranceCA.Gov).