

# SALSA FOR SENIORS!

**Learn six basic salsa steps and fun choreos.  
A low intensity workout designed for seniors.  
Dance your way to better health in 2025!**

**Every Monday & Friday  
No class on days the center is closed  
TIME: 10 - 11a.m.**

**Class located at the  
Bartlett Senior Center,  
1318 Cravens Ave.,  
Torrance, CA**



**Register in class Instructor, Patricia Cecchi.  
Available at no cost for registered members!**

**For more information, please call: (310) 618-5918**