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Direct questions or concerns to the Commission Liaison at (310) 618-2935, or individual department head prior to submission to the Commission. Parties will be notified if the complaint will be included on a subsequent agenda.

Security procedures: Members of the public will be directed to enter City Hall on the East side of the building through the sliding door. All other entrances will remain locked for entry. Oversized bags or backpacks will not be allowed in the Council Chamber or Commission meeting room. All bags are subject to search.

Any correspondence received after 2:00 p.m. on TUESDAY on any item on the agenda will be provided to the Commission electronically and available for public inspection in the City Clerk's Office. A copy of the correspondence will be available for public inspection in a binder at the back of the Council Chamber or Commission Meeting room.

**TORRANCE COMMISSION ON AGING AGENDA
TUESDAY, MARCH 3, 2026
REGULAR MEETING
9:30 A.M. IN THE WEST ANNEX COMMISSION MEETING ROOM
AT 3031 TORRANCE BL.**

**THE COMMISSION ON AGING MAY TAKE ACTION ON ANY ITEM
LISTED ON THE AGENDA**

1. CALL MEETING TO ORDER

ROLL CALL: Commission members: Ohno, Kraemer, Wang, Montoya, Bisenieks, and Chair Hileman.

2. FLAG SALUTE

WORDS OF INSPIRATION

3. REPORT OF THE STAFF ON THE POSTING OF THE AGENDA

The agenda was posted on the Public Notice Board at 3031 Torrance Blvd. and on the City's Website on Thursday, February 26, 2026.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

5. ORAL COMMUNICATIONS (Limited up to a 30-minute period)

*This portion of the meeting is reserved for comment on items on the Consent Calendar or not on the agenda. Under the Ralph M. Brown Act, the Commission cannot act on items raised during public comment but may respond briefly to statements made or questions posed; request clarification; or refer the item to staff. **No longer than 2 minutes per speaker**. If presenting handout material to the Commission, please provide 10 copies to staff before speaking.*

6. CONSENT CALENDAR

Matters listed under the Consent Calendar are considered routine and will be enacted by one motion and one vote. There will be no separate discussion of these items. If discussion is desired, that item will be removed by a Commissioner from the Consent Calendar and considered separately.

6A. Approve Commission Minutes: February 3, 2026

7. ADMINISTRATIVE MATTERS

7A. ACCEPT AND FILE PRESENTATION BY PATINELLI & CHANG, LLP

Presentation by John W. Chang, Partner at Patinelli & Chang, LLP, Estate Planning 101.

7B. DISCUSS AND PROVIDE DIRECTION ON SPEAKERS FOR UPCOMING MEETINGS

Recommendation of the Community Services Director that the Commission on Aging discuss and decide on speakers relevant to the senior population.

- 1) **April 7** – Christina Szczypkowski, Torrance PD, presenting on the Return Home Registry program, which helps support members of our senior community.
- 2) **May 5** – Wise & Healthy Aging is a nonprofit social services organization formed through the 2007 merger of WISE Senior Services and the Center for Healthy Aging, both of which served the community for more than three decades and earned national recognition for innovative and effective programs. Headquartered in Santa Monica, Wise & Healthy Aging serves over 20,000 older adults annually across the Los Angeles Westside and surrounding communities, supporting older adults at all stages of aging, caregivers, and families, with funding from public agencies and generous corporate and private philanthropic partners.
- 3) **July 7** - Lori Mars, JD, LL.M Assistant Professor of Clinical Family Medicine Director, National Center on Elder Abuse Department of Family Medicine Keck School of Medicine of USC. Presentation on Elder Abuse Awareness.

7C. UPDATE ON THE 2026 OLDER AMERICANS AWARD PROGRAM

Recommendation of the Community Services Director that the Commission on Aging receive an update on the 2026 Older Americans Award program.

7D. RECEIVE ORAL REPORTS ON SENIOR CITIZEN CONCERNS

Recommendation of the Community Services Director that the Commission on Aging report on:

- | | | |
|----------------------------------|---|------------------------|
| • City Council Activities | - | Commissioner Hileman |
| • Community Programs | - | Commissioner Kraemer |
| • Health | - | Commissioner Wang |
| • Transportation | - | Commissioner Montoya |
| • Focal Point Programs & Housing | - | Commissioner Bisenieks |
| • Elder Abuse/Fraud | - | Commissioner Ohno |

7E. ACCEPT AND FILE SENIOR SERVICES MONTHLY REPORT

Recommendation of the Community Services Director that the Commission accept and file the senior services division report.

8. COMMISSION ORAL COMMUNICATIONS

9. ADJOURNMENT

- 9A.** Adjournment of Commission on Aging Meeting to Tuesday, April 7, 2026, at 9:30 a.m. located in the West Annex Commission Meeting Room.



**MINUTES OF A REGULAR MEETING OF
THE TORRANCE COMMISSION ON AGING**

1. CALL TO ORDER

The meeting convened on Tuesday, February 3, 2026 at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard.

ROLL CALL/MOTIONS FOR EXCUSED ABSENCE

Present: Commissioners Bisenieks, Kraemer, Montoya, Ohno, Wang and Chair Hileman

Absent: None

Also Present: Recreation Services Manager Craig

2. FLAG SALUTE

Commissioner Ohno led the Pledge of Allegiance and Commissioner Hileman provided words of inspiration.

3. REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA

Recreation Services Manager Craig reported that the agenda was posted on the Public Notice Board at 3031 Torrance Boulevard and on the City's website on Thursday, January 29, 2026 by City Clerk Poirier.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

No items.

5. ORAL COMMUNICATIONS

None

6. CONSENT CALENDAR

6A. APPROVAL OF MINUTES – January 6, 2026 Commission on Aging

MOTION: Commissioner Ohno moved to approve the minutes of January 6, 2026 of the Commission on Aging meeting and Commissioner Kramer seconded. The motion passed by a 6-0 vote.

7. ADMINISTRATIVE MATTERS

7A. ACCEPT AND FILE PRESENTATION BY UNIVERSITY OF SOUTHERN CALIFORNIA STUDY ON ALZHEIMER'S SAVVY CAREGIVER PROGRAM

Yvette I Cordero, B.S., Special Projects Manager, Edward R. Roybal Institute on Aging, presented the report on Caregiver Wellness: Stress Management 101. She discussed the research of the Institute and explained the roles of a family caregiver and a dementia caregiver. She described the personal impacts and stress that can affect a dementia caregiver and listed various methods and support groups, such as LA Found (833-569-7651) and Alzheimer's Los

Angeles, which caregivers could use to provide assistance and help manage the stress of caregiving.

There was public comment.

MOTION: Commissioner Montoya moved and Commissioner Wang seconded, to accept and file the presentation by University of Southern California study on Alzheimer's Savvy Caregiver Program. The motion passed by a 6-0 vote.

7B. DISCUSS AND PROVIDE DIRECTION ON SPEAKERS FOR UPCOMING MEETINGS:

Chair Hileman announced the upcoming speakers:

March 3, 2026 – John W. Chang, Partner at Patinelli & Chang presentation on trusts and wills.

April 7, 2026 – Christina Szczypkowski, Torrance PD, presenting on their Return to Home Registry, which helped to support members of our senior community.

May 5, 2026- Wise and Healthy Aging-nonprofit social services organization

Commissioner Kraemer requested that the information on the scheduled speakers be updated on the City's website, under *Seniors*.

Commissioner Ohno requested that Laura Marks, the director of the USC Elder Abuse Center be placed on the calendar for the Commission and also possibly be added for a presentation at the Bartlett Center.

7C. UPDATE ON A TORRANCE CENTENARIAN RECIPIENT.

Chair Hileman announced that Julia C. Blake would be honored at the City Council meeting on Tuesday, February 10.

7D. DISCUSSION OF THE OLDER AMERICANS AWARD PROGRAM

Recreation Services Manager Craig discussed the revised nomination form and noted that the due date was March 19, 2026 at 5:00 p.m. and requested suggestions from the Commission on organizations which should receive the nomination forms. He added that the list of award recipients was posted on the City's website on the Seniors page, would be in the next senior newsletter and confirmed that he would also have the list sent to the Commission, as well as request that the City Clerk notify commissions.

MOTION: Commissioner Kramer moved and Commissioner Montoya seconded, to accept the revised nomination form for the Older Americans Award Program. The motion passed by a 6-0 vote.

7E. RECEIVE ORAL REPORTS ON SENIOR CITIZENS CONCERNS

1. City Council Activities

Commissioner Hileman noted that Councilman Kaji had suggested changing the name of Columbia Park to the Ted Tanouye Park and explained that the matter had been referred to the Parks and Recreation Department for further consideration and to conduct an outreach survey to the public. She added the Councilman Gerson had suggested adding on to the monument to Ted Tanouye, which was currently in front of Torrance High School, and develop a small park in his name. She noted that the suggestion was also directed to the Parks and Recreation Department for further study.

2. Community Programs

Commissioner Kraemer announced that: Designation Art would hold a reception for a new artist group, the Senior Expo would be held at the Torrance Meeting Room in March, and the Council of Governments will hold their Annual meeting at a Manhattan Beach hotel, and include a discussion of the impact of major upcoming events on the South Bay community. She announced that the Cherry Blossom Festival would be held on March 29 and the Commission Recognition Dinner would be held in June.

3. Health

Commissioner Wang presented statistics that the average life expectancy had increased and discussed Blue Zone cities.

4. Transportation

Commissioner Montoya reported that LA Metro had announced that the C-Line would be built on the elevated route on Hawthorne Boulevard, which would affect many businesses located there and add to the overall traffic congestion. He noted that the City would continue to monitor the project and continue to voice their opinions to LA Metro Board

5. Focal Point Programs and Housing

Commissioner Bisenieks reported the following statistics for the month of:

January 2026:

Total number of documented calls: 18	Web Inquiries: 138
Miscellaneous calls: 32	Total number of calls received: 50

Of the documented calls there were the following requests:

Requests for housing 39%	Requests for in home services 17%
	Complaints 16%

Commissioner Bisenieks reported that there would be free fair housing workshop on February 17 on zoom.

6. Elder Abuse/Fraud

Commissioner Ohno discussed a scam with people pretending to be utility company workers.

A member of the public spoke.

7F. ACCEPT AND FILE SENIOR SERVICES MONTHLY REPORT

Recreation Services Manager Craig presented the Senior Services report for the month of January.

MOTION: Commissioner Kraemer moved and Commissioner Wang seconded, to accept and file the Senior Services monthly report. The motion passed by a 6-0 vote.

8. ORAL COMMUNICATIONS #2 Commissioners/Staff

Commissioner Montoya requested that the Commission have a table at the Senior Expo on March 26.

9. ADJOURNMENT

9A. At 10:46 a.m., Commissioner Wang moved to adjourn the meeting to the regular meeting on Tuesday, March 3, 2026, at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard. The motion was seconded by Commissioner Kraemer. The motion passed by a 6-0 vote.

DRAFT SUBJECT TO APPROVAL

For Commission Meeting
March 3, 2026

I. Estate Planning – WHY?

1. Distribution
2. Management
3. Preservation/protection

II. Living Trust vs. Will

1. Both are similar
 - a. Trustee or Executor
 - b. Who, when, how?
2. Difference – PROBATE!!
 - a. Having a Will or no will means you must go through the probate court system.
 - b. Living Trust needs to be funded once it is created (no impact on your daily life, business as usual)
 - c. Probate avoidance and minimize or eliminate federal estate tax, however, not so important anymore with the 2025 exemption at \$15,000,000 per person

3. Death Probate

- a. Court determines what happens
- b. EXPENSIVE!!
 - i. Fees are based on Gross Value not net value
 - ii. 1 million GROSS estate (at minimum the fees are \$23,000, often thousands more.)
- c. Time consuming
 - i. Typically takes 1.5 year to 2 years
- d. Your private information becomes public information
- e. SOLUTION = LIVING TRUST/Proper estate planning

III. Conservatorship – living probate

1. Costly
2. Time consuming
3. Public information

IV. Estate planning documents

1. Revocable Living Trust
2. Wills (pour over or back up)
3. Durable power of attorney (incapacity)
4. Advance health care directive (end of life and medical decisions)
5. HIPAA/CMIA (must have so trustees can obtain letters of incapacity from your doctors)
6. Assignments of stocks, LLC, Corporations (if any)
7. Guardianship for minors (if any)
8. Property agreements (If married)

CONCLUSION – Need a properly drafted and well-maintained estate plan to meet your goals. And having a good relationship with your estate planning attorney is just as important as the relationship you have with your financial advisor and CPA.

For Commission Meeting
March 3, 2026

TO: COMMISSION ON AGING

FROM: JESUS CASTRO, SENIOR RECREATION SUPERVISOR

SUBJECT: SENIOR SERVICES MONTHLY REPORT FOR FEBRUARY 2026

The following is information regarding senior services programs for February 2026:

SENIOR SERVICES

Jesus Castro, Senior Recreation Supervisor; Sal Campos, Recreation Supervisor; Linda Wilson-Gray, Senior Program Specialist.

Focal Point on Aging

- The monthly meeting was held on Friday, February 20, 2026.
- Guest speaker Janet Ramirez from Geriatric Solutions Unlimited provided an overview of her services, which include assisting seniors with placement in appropriate housing based on individual needs. Her support is offered at no cost and includes coordinating tours, meeting with clients, assisting with medical paperwork, negotiating pricing, and providing ongoing follow-up.
- The next meeting is scheduled for Friday, March 20, 2026.
- Volunteers: 8
- Volunteer Hours: 116

Senior Citizens Programs (Bartlett Center, Tillim, Waleria)

- Vendor recruitment has begun for the Spring Arts and Crafts Fair, scheduled for Saturday, April 25, 2026, from 9:30 a.m.–2:30 p.m.
- The Torrance Travelers excursion to the Getty Villa on Wednesday, February 25, is fully booked, and participants are excited for the first trip of 2026.
- Staff is working to secure new health, wellness, and financial presentations for seniors at Tillim Center. These offerings are expected to be well received, as presentations are currently held only at Bartlett.
- AARP is currently providing free federal and state tax preparations at the Russ Nolte Annex during tax season for anyone who meets the filing criteria.

Bartlett Center Activities:

- On Wednesday, February 18, the Foundation for Senior Services presented “*Senior Wellness: A Step-by-Step Guide to Medication Management*” to 10 attendees. Hadas Abouaf, a Gerontological Certified Nurse, explained practical strategies to prevent errors, improve safety, and support better health outcomes.
- Our festive Valentine’s Day Luncheon was held on Friday, February 13. Each senior received a special Valentine’s Day card from our After-School-Program participants and sweets, along with a special dessert.
- Our Crafts Workshop on Fridays, and our Beading Workshop on Tuesdays have seen a consistently strong crowd of 15-20 people weekly.

BARTLETT SENIOR CENTER PROGRAMS AND CLASS ATTENDANCE

PROGRAM	ATTENDANCE
Beading Workshop	45
Cards	41
Craft Workshop	18
Drop-ins	33
Table, Games, and Puzzles	0
Lapidary	28
Line Dancing	72
Paid Lunches	137
Pool	18
Senior Discussion (Friday afternoon)	13
Telephone Log	269
Television	0
OLEF Chair Fusion	56
OLEF Fitness Difference	64
Salsa for Seniors	51
OLEF Spanish Class	18
Walking Club	12
Gardening Club	0
Mini-Fitness Center	6
Coffee with Maxine	63
Meditation	13
English/Spanish Book Club	7
Volunteers	2
Radio Club	5
Karaoke	16
Movies	37
TOTALS:	1,024

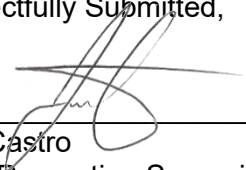
TILLIM SENIOR CENTER

PROGRAM	ATTENDANCE
Bingo	26
Cards	39
Creative Crafters	48
Drop-ins	5
Games	35
Pool	0
Telephone	0
Volunteers	0
Watercolor workshop	26
We Empower One Another	0
TOTALS	179

WALTERIA SENIOR CENTER

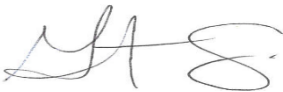
PROGRAM	ATTENDANCE
Cards	0
Games	0
Ping Pong	127
Drop-ins	0
TOTALS	127

Respectfully Submitted,



Jesus Castro
Senior Recreation Supervisor

CONCUR:



Garrett Craig
Recreation Services Manager



Valentine's Day Luncheon at Bartlett Center

Seniors enjoying the Talent show put on by the Torrance Youth Council at The Bartlett Senior Center.



Arts and Crafts at Herma Tillim Center