

Community Services Lap Swim Program Participation Rules Related to COVID-19 Coronavirus

The following rules, in addition to the regular program participant rules, are in place until further notice due to Covid-19 Coronavirus. If you or your child are found in violation of these rules, you may be removed from a program immediately and not allowed to continue. If you or your child are removed from a program for violating the rules, your fees will not be refunded.

1. All participants must maintain social/physical distancing and keep 6 feet apart from others at all times when at the facility and/or in the pool.
2. All participants must provide and wear their own face covering while at the facility except for when in the pool water. Face coverings may be removed just prior to entering the pool and must be put back on and worn immediately after exiting the water.
3. In order to maintain social/physical distancing, only one swimmer will be allowed per lane. The only exception will be for family members who are living in the same household and when pre-approved and arranged ahead of time with City staff.
4. Participants must register online to secure a swim time reservation prior to coming to The Plunge pool facility. Participants cannot enter the water until their reservation time begins and must exit the water when it ends.
5. Participants must enter the facility using the main lobby doors in the front of the building. Please maintain social/physical distancing while entering the facility.
6. Participants will have their temperature checked and be asked CoVid-19 related health questions prior to entering the facility for each swim period.
7. Participants should use the restroom and wash their hands prior to their swim time. Hand washing and/or hand sanitization is strongly encouraged before and after swimming.
8. Participants must follow instructions provided by City staff while at the facility or in the pool.
9. Public drinking fountains will be closed and cannot be used. Swimmers should bring their own bottled water to meet their hydration needs.
10. For CoVid-19 related safety concerns, the facilities swimsuit spinner drying machine cannot be used.
11. Participants must promptly exit the pool when their reserved swim time ends and leave the facility afterwards. Do not linger on the deck or in the parking lot after swimming.
12. Exit the pool deck and facility from the southwest corner of the pool deck. Please do not congregate in that area when leaving and maintain social/physical distancing.
13. Participants are required to review and sign the waiver on the other side of this form before they are allowed on the pool deck and/or in the pool to participate in the program.

Community Services Lap Swim Program Participant

Assumption of Risk / Waiver and Release for Communicable Diseases including COVID-19

COVID-19 has been declared a worldwide pandemic by the World Health Organization and is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, governments and health organizations recommend face coverings and social distancing. The City of Torrance has put in place preventative measures to reduce the spread of COVID-19 and other communicable diseases. However, the City cannot guarantee that you or your family will not become infected with COVID-19 and other communicable diseases. Further, engaging in Lap Swim could increase you or your family’s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and other communicable diseases and voluntarily assume the risk that myself and/or my family may be exposed to or infected by COVID-19 or other communicable disease by participating in program activities and/or being on the Victor E. Benstead Plunge property and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 or other communicable disease may result from the actions, omissions, or negligence of myself and others, including, but not limited to, City of Torrance, its City Council, each member thereof, present and future, its officers, agents, employees, and volunteers . I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself and family including but not limited to, personal injury, disability, illness, and death, that I or my family may experience or incur in connection with my participation in the Lap Swim program.

In return for the Participant being allowed to enter and remain on the Victor E. Benstead Plunge property and participate in Lap Swim, I hereby release, covenant not to sue, discharge, and hold harmless City of Torrance, the City Council, each member thereof, present and future, its officers, agents, employees, and volunteers from any and all claims including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating to my participation in the Lap Swim program, including but not limited to COVID-19 exposure or infection.

Participant Name	Male _____ Female _____	Date of Birth _____
(Print)		

Participant Signature (or Parent/Guardian Signature If participant is under 18 years of age)	Print Parent or Guardian Name if the participant is under 18 years of age	Date
Phone: _____	Email: _____	