

City of Torrance 5-0 AND ON THE GO!

September/October 2026

Senior Center memberships renew each January.
Join/renew for just \$5 to enjoy all programs and activities



Ages 50+



Bartlett Center

1318 Cravens Ave. | (310) 320-5918
Monday - Friday 8 a.m. - 4 p.m.

Fitness Classes	Movies
Discussion Group	Karaoke
Dancing Classes	Lapidary
Bingo Bonanza!	Much More



Herma Tillim Senior Center

3612 W. Artesia Blvd. | (310) 618-2337
Tuesday - Thursday 9 a.m. - 3 p.m.

Crafting Shops	Bingo
Card Games	Painting
Board Games	Billiards



Walteria Park Senior Center

3855 W. 242nd St. | (310) 378-3862
Monday & Thursday 11 a.m. - 3 p.m.

Ping Pong	Movies
Card Games	Board Games



Bartlett Café

Scan to visit our website along
with our rotating monthly menus



Lunch served MONDAY - FRIDAY
at 11:30 a.m.
for the low cost of \$3



Bartlett Center Activities

	Monday
8:05 - 9:15 a.m.	**Fitness Difference
9:30 a.m. - 12 p.m.	Lapidary Workshop - Fee: \$2
10 - 11 a.m.	Salsa for Seniors Don't let two left feet keep you from attending!
10 - 11 a.m.	Walking Club Local walk around Bartlett and Old Town Torrance
12:30 - 3:45 p.m.	Bridge
	Tuesday
8 - 11:45 a.m.	Line Dancing 8:00 a.m. Dancing by request 8:30 a.m. Beginner 9:30 a.m. Improver 10:35 a.m. Intermediate
10 - 11 a.m.	Spanish/English Book Club Meets every 2nd Tuesday of the month. Call (310) 320-5918 for more information.
9:30 - 11:15 a.m.	Meditation and Breathing Workshop with Beverly
12:30 - 2:30 p.m.	"Coffee with Maxine" Discussion Group
	Wednesday
8 a.m. - 12 p.m.	Beading Workshop
8:05 - 9:15 a.m.	**Fitness Difference
9:30 a.m. - 12 p.m.	Lapidary Workshop - Fee: \$2
10 - 11:15 a.m.	**Chair Fusion
12:30 - 1:30 p.m.	Wisdom Wednesday Every 2nd Wednesday of the month
	Thursday
8 - 11:45 a.m.	Line Dancing 8:00 a.m. Dancing by request 8:30 a.m. Beginner 9:30 a.m. Improver 10:35 a.m. Intermediate
9:30 a.m. - 12 p.m.	Lapidary Workshop - Fee: \$2
12:15 - 2 p.m.	Movie Matinee Rotating movies weekly
	Friday
8:05 - 9:15 a.m.	**Fitness Difference
9 a.m. - 12 p.m.	Crafts Workshop
10 - 11 a.m.	Walking Club Location varies - Join our adventure!
12:30 - 3 p.m.	Senior Discussion Group Trending topics vary
12:30 - 2 p.m.	Karaoke Most of us can't carry a tune, don't be shy! Occurs on the 1 st & 3 rd Friday of the month



****Classes are sponsored by Optimum Life Educational Foundation (OLEF).**
For more information please call (310) 271-5523 or email OLEFclasses@gmail.com

Herma Tillim Center Activities

9 a.m. - 3 p.m. 11:30 a.m. - 3 p.m.	Tuesday Gamers Cards, table games, and billiards Creative Crafters workshop All mediums and levels welcome. Bring your supplies.
9 a.m. - 3 p.m. 9 a.m. - 12 p.m. 12:30 - 1:30 p.m.	Wednesday Gamers Cards, table games, and billiards Painting Workshop All mediums and levels welcome. Bring your supplies. Wisdom Wednesday Fun brain games: trivia, puzzles, and more!
9 a.m. - 3 p.m. 12:30 - 3 p.m.	Thursday Gamers Cards, table games, and billiards Bingo Hosted by staff 

Walteria Center Activities Mondays & Thursdays

12 - 3 p.m.	Gamers Cards, table games, and billiards
11 a.m. - 3 p.m.	Ping Pong Open play

PRESENTATIONS AT BARTLETT

12:30 - 1:30 p.m.

Every 3rd Wednesday of the month

WEDNESDAY, JULY 15

**The Most Important Financial
"Rules of The Road"**

-Laura Minton

An informative presentation on the essential "rules of the road" for smart financial planning. Learn practical strategies to help guide your decisions and build a strong foundation for a secure, healthy, and happy future.

WEDNESDAY, AUGUST 19

**Medicare Essentials:
Find Out About Your Options in 2027**

-Cynthia Priebe

Turning 65? Enrolled in Medicare and wondering what changes may be coming in 2027? Join an informative session where we'll break down the latest updates, what they could mean for your coverage, and how you can make confident, well-informed healthcare choices.

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UPCOMING EVENTS



BINGLOW BONANZA!

Friday, November 13 | 12 - 1:30 p.m.

Get ready to light up the room! Enjoy a glow-in-the-dark twist on classic bingo with black lights, neon colors, and 80's music!

Holiday Arts & Crafts Sales



Saturday, November 14 | 9:30 a.m. - 2:30 p.m.

Our favorite community tradition, bringing together talented senior artisans and shoppers looking for unique, handcrafted holiday gifts at affordable prices.

COMMISSION ON AGING

The Commission assists with the needs and issues confronting senior citizens in the community and provides a voice for seniors. The Commission meets the first Tuesday of each month at 9:30 a.m. inside the West Annex Commission Room at 3031 Torrance Blvd. Below are some of the upcoming presentations provided during the meetings.

September 1, 2026 – Presentation by Grace Farwell, Program Coordinator with Helping Edlers Live Productively (H.E.L.P.). Update on programs and services they provide.

October 6, 2026 – Presentation by Tadashi Masumoto, Staff Assistant, on City of Torrance Emergency and Disaster Preparedness.

FOCAL POINT ON AGING

An essential information hub for senior citizens that offers easy access to a comprehensive range of services. From transportation and housing to healthcare, Meals-On-Wheels, HMOs, Medicare, social and legal services, and more.

Dedicated Focal Point volunteers are available by phone at (310) 320-1300 Monday - Friday between 9 a.m. and noon. Walk-ins are currently not accepted.

Browse our Focal Point Directory by scanning the QR code or visiting <https://www.torranceca.gov/FocalPointDirectory>



TORRANCE TRAVELERS ARE HEADING TO...

Natural History Museum - September 2

Paramount Studios Tour - October 7

Open to everyone 50 and older. No membership required.

Pre-registration required. Please call the Bartlett Senior Center for more information.