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Direct questions or concerns to the Commission Liaison at (310) 618-2935, or individual department head prior to submission to the Commission. Parties will be notified if the complaint will be included on a subsequent agenda.

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Any correspondence received after 2:00 p.m. on TUESDAY on any item on the agenda will be provided to the Commission electronically and available for public inspection in the City Clerk's Office. A copy of the correspondence will be available for public inspection in a binder at the back of the Council Chamber or Commission Meeting room.

**TORRANCE COMMISSION ON AGING AGENDA
TUESDAY, APRIL 7, 2026
REGULAR MEETING
9:30 A.M. IN THE WEST ANNEX COMMISSION MEETING ROOM
AT 3031 TORRANCE BL.**

**THE COMMISSION ON AGING MAY TAKE ACTION ON ANY ITEM
LISTED ON THE AGENDA**

1. CALL MEETING TO ORDER

ROLL CALL: Commission members: Ohno, Kraemer, Wang, Montoya, Bisenieks, and Chair Hileman.

2. FLAG SALUTE

WORDS OF INSPIRATION

3. REPORT OF THE STAFF ON THE POSTING OF THE AGENDA

The agenda was posted on the Public Notice Board at 3031 Torrance Blvd. and on the City's Website on Thursday, April 2, 2026.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

5. ORAL COMMUNICATIONS (Limited up to a 30-minute period)

*This portion of the meeting is reserved for comment on items on the Consent Calendar or not on the agenda. Under the Ralph M. Brown Act, the Commission cannot act on items raised during public comment but may respond briefly to statements made or questions posed; request clarification; or refer the item to staff. **No longer than 2 minutes per speaker**. If presenting handout material to the Commission, please provide 10 copies to staff before speaking.*

6. CONSENT CALENDAR

Matters listed under the Consent Calendar are considered routine and will be enacted by one motion and one vote. There will be no separate discussion of these items. If discussion is desired, that item will be removed by a Commissioner from the Consent Calendar and considered separately.

6A. Approve Commission Minutes: March 3, 2026

7. ADMINISTRATIVE MATTERS

**7A. ACCEPT AND FILE PRESENTATION BY TORRANCE POLICE DEPARTMENT
RETURN HOME REGISTRY PROGRAM**

Presentation by Christina Szczykowski, Torrance PD, on the Return Home Registry program, which helps support members of our senior community.

7B. DISCUSS AND PROVIDE DIRECTION ON SPEAKERS FOR UPCOMING MEETINGS

Recommendation of the Community Services Director that the Commission on Aging discuss and decide on speakers relevant to the senior population.

- 1) **May 5** – presentation by Miles McNeeley from Wise & Healthy Aging. A nonprofit social services organization formed through the 2007 merger of WISE Senior Services and the Center for Healthy Aging, both of which served the community for more than three decades and earned national recognition for innovative and effective programs. Headquartered in Santa Monica, Wise & Healthy Aging serves over 20,000 older adults annually across the Los Angeles Westside and surrounding communities, supporting older adults at all stages of aging.

– Lori Mars, JD, LLM Assistant Professor of Clinical Family Medicine Director, National Center on Elder Abuse Department of Family Medicine Keck School of Medicine of USC. Presentation on Elder Abuse Awareness.

- 2) **July 7** – Coastline Cares, presentation by Tom and Karen Carmody, overview of the organization’s vision, mission and services provided to support the senior population, including assistance for those needing help at home with daily chores and tasks.

7C. RECEIVE AND DISCUSS THE OLDER AMERICANS AWARD APPLICATIONS

Recommendation of the Community Services Director that the Commission on Aging discuss the 2026 Older Americans Award applications and select this year’s honorees.

- 1) Selection of the City of Torrance Award Winners, Award presentation scheduled for Tuesday, May 5, at the City Council Meeting beginning at 6:30 p.m.
- 2) Selection for the L.A. County nomination Award scheduled for Friday, May 29, from 1 to 3pm at the L.A. County Department of Mental Health office building.

7D. RECEIVE ORAL REPORTS ON SENIOR CITIZEN CONCERNS

Recommendation of the Community Services Director that the Commission on Aging report on:

- | | | |
|----------------------------------|---|------------------------|
| • City Council Activities | - | Commissioner Hileman |
| • Community Programs | - | Commissioner Kraemer |
| • Health | - | Commissioner Wang |
| • Transportation | - | Commissioner Montoya |
| • Focal Point Programs & Housing | - | Commissioner Bisenieks |
| • Elder Abuse/Fraud | - | Commissioner Ohno |

7E. ACCEPT AND FILE SENIOR SERVICES MONTHLY REPORT

Recommendation of the Community Services Director that the Commission accept and file the senior services division report.

8. COMMISSION ORAL COMMUNICATIONS

9. ADJOURNMENT

- 9A.** Adjournment of Commission on Aging Meeting to Tuesday, May 5, 2026, at 9:30 a.m. located in the West Annex Commission Meeting Room.



**MINUTES OF A REGULAR MEETING OF
THE TORRANCE COMMISSION ON AGING**

1. CALL TO ORDER

The meeting convened on Tuesday, March 3, 2026 at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard.

ROLL CALL/MOTIONS FOR EXCUSED ABSENCE

Present: Commissioners Bisenieks, Kraemer, Montoya, Ohno, Wang and Chair Hileman

Absent: None

Also Present: Senior Recreation Supervisor Castro and Recreation Supervisor Campos

2. FLAG SALUTE

Commissioner Montoya led the Pledge of Allegiance and Commissioner Hileman provided words of inspiration.

3. REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA

Senior Recreation Supervisor Castro reported that the agenda was posted on the Public Notice Board at 3031 Torrance Boulevard and on the City's website on Thursday, February 26, 2026 by City Clerk Poirier.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

No items.

5. ORAL COMMUNICATIONS

A member of the public spoke about the possibility of holding Commission meetings at different senior centers.

6. CONSENT CALENDAR

6A. APPROVAL OF MINUTES – February 3, 2026 Commission on Aging

Commissioner Ohno requested a correction of the spelling of Laura Marks to Lori Mars, under the last sentence in Item 7B.

MOTION: Commissioner Wang moved to approve the minutes of February 3, 2026 of the Commission on Aging meeting, as amended, and Commissioner Ohno seconded. The motion passed by a 6-0 vote.

7. ADMINISTRATIVE MATTERS

7A. ACCEPT AND FILE PRESENTATION BY PATINELLI & CHANG, LLP

John Chang, partner at Patinelli & Chang, LLP, presented information on Estate Planning 101 and explained the reasons for estate planning and discussed the difference between a living trust and a will. He presented information on the potential problems with death probate, if there was not a living trust. He described what a conservatorship could consist of and listed and

discussed some estate planning documents: revocable living trust, wills, durable power of attorney, advance health care directive, HIPAA/CMIA, assignments of stocks, guardianship for minors and property agreements.

There was public comment.

MOTION: Commissioner Kraemer moved and Commissioner Wang seconded, to accept and file the presentation by Patinelli & Chang, LLP. The motion passed by a 6-0 vote.

7B. DISCUSS AND PROVIDE DIRECTION ON SPEAKERS FOR UPCOMING MEETINGS:

Chair Hileman announced the upcoming speakers:

April 7, 2026 – Christina Szczypkowski, Torrance PD, presenting on the Return to Home Registry, which helped to support members of our senior community.

May 5, 2026 – Wise and Healthy Aging-nonprofit social services organization

July 7, 2026 – Lori Mars, JD, LLM Assistant Professor of Clinical Family Medicine Director, National Center on Elder Abuse Department of Family Medicine Keck School of Medicine of USC

7C. DISCUSSION OF THE OLDER AMERICANS AWARD PROGRAM

Senior Recreation Supervisor Castro stated that the due date for nominations was March 19, 2026 at 5:00 p.m. and noted that he had not yet received any additional nominations. He noted that notices had been sent out and added that the City Clerk had sent out a City-wide notice. He confirmed that the Commission would review all applications at the April 7 meeting and noted that he would email all applications to the Commission a week before the meeting, for their review.

7D. RECEIVE ORAL REPORTS ON SENIOR CITIZENS CONCERNS

1. City Council Activities

Commissioner Hileman announced that the City had approved Dodger Day for August 16, 2026 for 1:10 p.m. game and added that the tickets would cost \$40 plus a \$10 handling fee. She discussed a public art mural to be painted on the south facing wall of the Doubletree Hilton Hotel that would feature Los Angeles Dodgers pitchers. She reported that eight City parks restrooms would be renovated and noted that the City had acquired an urban search and rescue apparatus for the fire department.

2. Community Programs

Commissioner Kraemer announced events for March: Women of Influence dinner, distinguished alumni would be honored at El Camino College, a program on Aging Preparedness at the Katy Geissert Library, Senior Tech Days at both El Retiro Library and the Bartlett Center, K9 Veterans Day at the Battleship Iowa, Master Chorale Concert, a North High School Band Chile cook-off fundraiser, and a talk at the Western Museum of Flight on the James Webb telescope. She recommended using the websites of City, the Torrance Chamber and Torrance Memorial Medical Center for information on events and classes.

3. Health

Commissioner Wang presented information on dental problems and lack of insurance coverage in seniors.

4. Transportation

Commissioner Montoya reported on transit opportunities and advantages in the City's public transit system: discount taxi programs for seniors, Torrance Connect system, affordable

bus service throughout the City and the South Bay, LA Metro and the proposed trolley for the City. He noted that in a recent survey residents had expressed an interest in special services to Dodger stadium and LAX.

5. Focal Point Programs and Housing

Commissioner Bisenieks reported the following statistics for the month of:

February 2026:

Total number of documented calls: 34	Web Inquiries: 143
Miscellaneous calls: 44	Total number of calls received: 78

Of the documented calls there were the following requests:

Requests for health resources 12%	Requests for in home services 9%
Requests for legal services 3%	

Commissioner Bisenieks reported that the City was currently conducting an Annual Action plan survey to collect feedback on housing and community development needs.

6. Elder Abuse/Fraud

Commissioner Ohno noted that March 5 was National Slam the Scam Day, during National Consumer Protection Week. She noted that one could sign up on the Assessor’s website to receive an alert if someone was trying to gain access to your property information.

A member of the public spoke.

7E. ACCEPT AND FILE SENIOR SERVICES MONTHLY REPORT

Senior Recreation Supervisor Castro presented the Senior Services report for the month of February.

MOTION: Commissioner Wang moved and Commissioner Kraemer seconded, to accept and file the Senior Services monthly report. The motion passed by a 6-0 vote.

8. ORAL COMMUNICATIONS #2 Commissioners/Staff

In response to a question from Commissioner Montoya, Senior Recreation Supervisor Castro noted that all correspondence for the Commission needed to go through him, as he was responsible for distributing the information.

Commissioner Kraemer reported on her visit to the Tillim and Walteria Senior centers.

9. ADJOURNMENT

9A. At 10:46 a.m., Commissioner Bisenieks moved to adjourn the meeting to the regular meeting on Tuesday, April 7, 2026, at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard. The motion was seconded by Commissioner Montoya. The motion passed by a 6-0 vote.



1



2

Why It Matters



TORRANCE POLICE DEPARTMENT

- Officers frequently respond to missing person calls, particularly involving individuals with special needs or those experiencing memory or communication challenges.
- This database provides critical details to locate and identify individuals who cannot identify themselves.

3

How It Helps



TORRANCE POLICE DEPARTMENT

- Provides physical descriptions and photos.
- Shares important behavioral information.
- Reduces time needed to reunite loved ones.

4

Who Can Participate



TORRANCE POLICE DEPARTMENT

- This is a free and voluntary program for individuals of all ages with conditions such as:
 - Alzheimer's
 - Autism
 - Cerebral Palsy
 - Down Syndrome
 - Other Special needs

5

Program Limitations



TORRANCE POLICE DEPARTMENT

- This program is NOT intended for individuals who voluntarily run away or have unrelated behavioral issues.

6

How It Works



TORRANCE POLICE DEPARTMENT

- A family member can register their loved one on the Torrance Police Departments website at www.Police.TorranceCA.Gov Community Affairs > Return Home Registry. They will also need to email a head-shot photo and full-length body photo of the person they are registering to CommunityAffairs@TorranceCA.Gov
- The photos will be uploaded into the database attached to the RHR name.

7

How It Works (cont.)



TORRANCE POLICE DEPARTMENT

- When a loved one is reported missing:
 - Officers already have access to critical information.
 - Helps guide search efforts based on habits and preferences.
- When an officer encounters a lost/confused person:
 - Officers can search the database.
 - Quickly identify the individual and return them home.

8

Privacy & Compliance



TORRANCE POLICE DEPARTMENT

- Complies with HIPPA (Health Insurance Portability and Accountability Act).
- Does not collect or share medical information.

9

Important Note



TORRANCE POLICE DEPARTMENT

- This program does not guarantee safe return.
- Provides an additional tool to assist officers in locating loved ones.

10

Contact Information



TORRANCE POLICE DEPARTMENT

- Torrance Police Department Community Affairs Division
- Website: www.Police.TorranceCA.Gov
- Email: CommunityAffairs@TorranceCA.Gov

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For Commission Meeting
April 7, 2026

TO: COMMISSION ON AGING

FROM: JESUS CASTRO, SENIOR RECREATION SUPERVISOR

SUBJECT: SENIOR SERVICES MONTHLY REPORT FOR March 2026

The following is information regarding senior services programs for March 2026:

SENIOR SERVICES

Jesus Castro, Senior Recreation Supervisor; Sal Campos, Recreation Supervisor; Linda Wilson-Gray, Senior Program Specialist.

Focal Point on Aging

- The monthly meeting was held on Friday, March 20, 2026.
- The guest speaker was Rachel Tate, LCSW and Vice President of Ombudsman Services of Wise & Healthy Aging Long- Term Care Ombudsman of Los Angeles.
- The Wise & Healthy Aging Long- Term Care Ombudsman Program provides brief interventions to improve quality of care and life in long- term care facilities. It is a free and confidential service. The Ombudsman investigates complaints, assists parties in conflict resolution, educates residents and families of rights and state and federal regulations, and makes unannounced facility visits to monitor conditions. Ombudsmen have a state mandate to receive reports and conduct preliminary investigations of allegations of elder or dependent adult abuse in long term care facilities.
- The next meeting is scheduled for Friday, April 17, 2026, at 9:30 a.m.
- Volunteers - 8
- Volunteer Hours - 111
- Total Calls – 54
 - Documented calls - 12
 - Miscellaneous - 42
 - Callbacks - 4
- Most requested:
 - In Home Services - 58%
 - Housing - 42%
 - Alzheimer's - 15%

Senior Citizens Programs (Bartlett Center, Tillim, Walteria)

- Final preparations are underway for the Spring Arts and Crafts Fair on Saturday, April 25, 2026, from 9:30 a.m.–2:30 p.m. Vendor recruitment has been strong, and high community attendance is anticipated.
- Staff is finalizing plans to expand senior presentations to Tillim Center, with a projected start in late April or early May.
- AARP is currently offering free federal and state tax preparation services at the Russ Nolte Annex during tax season. The program has experienced high demand, with consistent daily attendance, while also increasing awareness of Bartlett Center and its senior programming.
- Walteria continues to serve as a strong hub for table tennis, with an increase in new member participation.
- On March 26, staff hosted a Community Services booth at a Senior Expo organized by Senior Expo USA. Staff promoted senior programs and services alongside approximately 30 vendors. The event drew strong attendance, requiring frequent replenishment of

program materials. Commission on Aging members, including Commissioners Ohno and Montoya and Chair Hileman, provided valuable support at the booth.

Bartlett Center Activities:

- A new series of health, wellness, and financial presentations has been secured for Bartlett Center and will be offered on the third Wednesday of each month for the remainder of the year.
- On March 18, the Foundation for Senior Services presented “Aging Gracefully: How Acupuncture Supports Your Golden Years” to lunch program participants. Dr. Amanda Srisathapa discussed the benefits of acupuncture in addressing chronic pain, improving balance, and supporting sleep and memory, with a focus on arthritis, fall prevention, and cognitive health.
- The St. Patrick’s Day Luncheon was held on March 17, featuring themed snacks and desserts. Following the luncheon, Optimum Life Educational Foundation (OLEF) hosted a St. Patrick’s Day sing-along for participants.
- On March 17, the County of Los Angeles Department of Public Health conducted an unannounced inspection of the Bartlett Center kitchen and senior lunch program. The facility received an “A” rating, reflecting staff’s commitment to maintaining a clean and safe environment for participants.

BARTLETT SENIOR CENTER PROGRAMS AND CLASS ATTENDANCE

PROGRAM	ATTENDANCE
Beading Workshop	54
Cards	57
Craft Workshop	28
Drop-ins	74
Table, Games, and Puzzles	5
Lapidary	43
Line Dancing	208
Paid Lunches	206
Pool	81
Senior Discussion (Friday afternoon)	17
Telephone Log	304
Television	0
OLEF Chair Fusion	62
OLEF Fitness Difference	127
Salsa for Seniors	65
Walking Club	45
Gardening Club	0
Mini-Fitness Center	14
Coffee with Maxine	58
Meditation	17
English/Spanish Book Club	6
Volunteers	3
Radio Club	7
Karaoke	12
Movies	30
Wisdom Wednesdays	4
TOTALS:	1,527

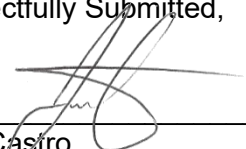
TILLIM SENIOR CENTER

PROGRAM	ATTENDANCE
Bingo	21
Cards	32
Creative Crafters	59
Drop-ins	7
Games	0
Pool	0
Telephone	0
Volunteers	0
Watercolor workshop	58
Wisdom Wednesdays	0
TOTALS	177

WALTERIA SENIOR CENTER

PROGRAM	ATTENDANCE
Cards	2
Games	0
Ping Pong	124
Drop-ins	11
Wit & Wisdom	0
TOTALS	137

Respectfully Submitted,



 Jesus Castro
 Senior Recreation Supervisor

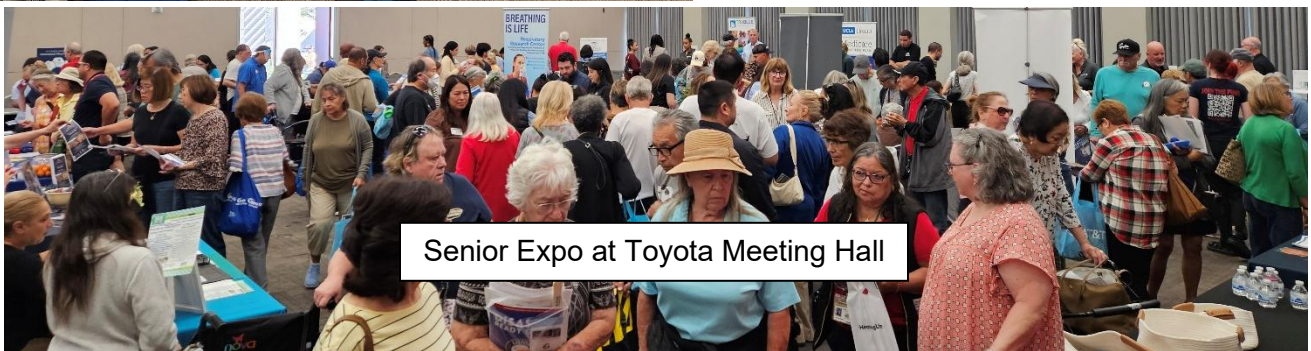
CONCUR:



 Garrett Craig
 Recreation Services Manager



St. Patrick's Day Luncheon at Bartlett Center



Senior Expo at Toyota Meeting Hall



Ping Pong players enjoying
Walteria Senior Center



Karaoke Friday at
Bartlett Center