

February 10, 2015

**MINUTES OF A REGULAR MEETING OF  
THE TORRANCE COMMISSION ON AGING**

**1. CALL TO ORDER**

The meeting was called to order on February 10, 2015 at 9:30 a.m. in the Hosler Conference Room at the Bartlett Senior Citizen Center.

**2. ROLL CALL/MOTIONS FOR EXCUSED ABSENCE**

Present: Commissioners Cohen, G. Davis, Kraemer, Miranda, Virobik and Chairperson K. Davis

Absent: Commissioner Kimmel-Dagostino

Staff: Senior Recreation Supervisor Reed

**MOTION:** Commissioner Miranda moved to approve the excused absence of Commissioner Kimmel-Dagostino; motion was seconded by Commissioner Kraemer. The motion passed by a unanimous voice vote. (Absent Commissioner Kimmel-Dagostino)

**3. FLAG SALUTE AND INSPIRATIONAL**

Senior Librarian Deleget led the Pledge of Allegiance.

Commissioner Griffith provided the following inspirations:

*Ask yourself, who can I make smile this morning? This is the art of creating happiness.*

Thick Nhat Hanh

*Those who are the hardest to love are the ones that need it the most.*

Don Millman

*It is good to have an end to journey towards, but it is the journey that matters, in the end.*

Ursula Le Guin

*Success is how high you bounce when you hit bottom.*

George S. Patton

**4. ACCEPT AND FILE AFFIDAVIT OF AGENDA POSTING**

**MOTION:** Commissioner G. Davis moved and Commissioner Miranda seconded, to accept and file the Affidavit of Agenda Posting for its meeting of February 10, 2015. The motion passed by a unanimous roll call vote. (Absent Commissioner Kimmel-Dagostino)

**5. APPROVAL OF MINUTES**

**MOTION:** Commissioner Kraemer moved and Commissioner Miranda seconded, to approve the minutes of the Commission on Aging meeting of January 13, 2015, as submitted. The motion passed by a unanimous roll call vote. (Absent Commissioner Kimmel-Dagostino)

**6. INTRODUCTION OF GUESTS**

Pat Artman, for New Horizons

Commissioner Griffith, Los Angeles County Commission for Older Adults (LACCOA)  
Chair of Health, Nutrition and Long Term Care Committee

Senior Librarian Deleget, Walteria Library

## **7. UPDATE ON COMMUNITY AFFAIRS SERVICES FOR SENIORS**

Chairperson K. Davis stated that the update by the Police Department would need to be re-scheduled.

## **8. OLDER AMERICANS RECOGNITION**

Commissioner Griffith stated that the Los Angeles County Recognition Luncheon for the Older Americans would be held on May 1, 2015.

Senior Recreation Supervisor Reed stated that she would check and report back to the Commission on the City's scheduled date for the Older Americans Recognition award ceremony.

Chairperson K. Davis stated that there could be multiple nominees for the City recognition, but that there was only one nominee for the County award.

Chairperson K. Davis distributed information on her nominee for the City award: Betty Herbst and noted that she would bring information to the next meeting on another nominee: Lloyd Brown.

Commissioner Virobik distributed information on her nominee for the City award: Commissioner G. Davis. Commissioner Kraemer suggested that Commissioner G. Davis's husband also be nominated. Commissioner G. Davis stated that she would submit a write-up on her husband to the Commission.

Senior Recreation Supervisor Reed stated that she would verify both: if a couple could be nominated for the County award and the date by which the County needed to receive the names of the nominee(s).

It was decided to vote on the nominees at the next meeting in March.

## **9. SENIOR CITIZENS CONCERNS**

### **A. City Council Activities**

Commissioner Kraemer reported that new Commission members had been appointed at the January 27 meeting and that current Commission members had not been notified of the pending appointments. She stated that City Clerk's office should be contacted to see if there had been a change in the procedure.

She noted that the Home Town Hero program had been re-started and nominees could be submitted to the City.

She reported that at the February 10, 2015 meeting, the Council would be reviewing the 2013-2015 capital budget and noted that if anyone had comments or suggestions for the budget, they should attend the meeting.

Chairperson K. Davis stated that Mayor Furey had announced that the Council had had a joint meeting with Commission on Aging on January 27, prior to the beginning of the Council meeting of January 27.

Chairperson K. Davis thanked the Commissioners for their participation and support at the Joint Meeting with City Council.

Commissioner Kraemer reminded the Commissioners that they should be considering the topics they want to present during a “Senior Moments” during the Oral Communications portion of the Council meeting.

Commissioner Griffith stated that the Council at the February 10 meeting would be considering budget requests for updating the Armstrong Theater and other items not already in the budget.

There was a discussion of the steepness of the walkways in the aisles in the Armstrong Theater.

## **B. Housing**

Commissioner Griffith presented a list of Section 8 housing to Commissioner Virobik.

Commissioner Cohen stated that he believed that the subject of housing had been well-covered at Joint meeting with the City Council.

There was a discussion of the report from the Permit Department on proposed construction which Senior Recreation Supervisor Reed had distributed to the Commission.

Commissioner G. Davis stated that she was happy that the Commission of Aging was receiving recognition from the City.

Commissioner Griffith noted that the Torrance Focal Point on Aging was the only remaining Focal Point in the County.

## **C. Health**

Commissioner Virobik reported on an article “Vitamin D and Ageing” and the importance of Vitamin D for the elderly.

Chairperson K. Davis presented information on an article on cataract surgery and how to avoid an infection after surgery.

There was a discussion of care at the Transitional Care unit at Torrance Memorial Medical Center. Commissioner G. Davis stated that she would contact the Center to report the problems.

Commissioner Griffith reported that in Los Angeles County there were 194,938 people who required in home social services and 148,000 County home care providers who earned \$9.65 per hour. She noted that the overtime act for home care givers had been appealed.

Senior Librarian Deleget distributed information on the Get Project which detailed upcoming programs on health, fitness and nutrition that were scheduled at the libraries. She noted she would try to provide additional pamphlets for the Bartlett Senior Citizen Center.

## **D. Transportation**

Commissioner G. Davis presented Commissioner Kimmel-Dagostino’s report and noted that Commissioner Kimmel-Dagostino had reported that:

- Transit Administration Manager Mills had thanked her for attending the 75<sup>th</sup> Anniversary Celebration of the Transit Department
- the Compressed Natural Gas station was completed and was operational
- the “coming soon” flyer for the new swipe card would be mailed with the February senior taxi ticket orders and the re-registration process would begin in mid-March and be completed by June 30, 2015.

- The 75<sup>th</sup> Anniversary Bus route varied on a daily basis.

There was a discussion of the Transit Account Pass (TAP) card, which transit systems used the card and where it could be purchased.

Senior Librarian Deleget noted that the re-registration process for the senior taxi services would take place at local libraries from March through June.

**E. Community Programs**

There was a discussion of the invitation from Mayor Furey to all Commissioners to attend the General Assembly meeting of the South Bay Cities Council of Governments (SBCCOG) on February 27, 2015.

Chairperson K. Davis announced that Torrance Memorial Medical Center would again be holding their golf tournament and noted that volunteers were needed.

Chairperson K. Davis reported that the Woman's Club rummage sale had raised \$2800 and that Beacon House volunteers had been very helpful at the event.

Commissioner Cohen noted that New Horizons would sponsor a rummage sale in September.

**F. Focal Point Program**

Commissioner Virobik reported the following Focal Point statistics for the month of:

**January 2015**

|                                      |                               |
|--------------------------------------|-------------------------------|
| Total number of documented calls: 40 | Total number of callbacks: 21 |
| Miscellaneous calls: 55              | Total number of walk-ins: 40  |
| Total number of calls received: 95   |                               |
| Of the documented calls:             |                               |
| 27.5% were for transportation        | 77% were for housing          |
| 30% were for in home services        |                               |

Commissioner Virobik stated that Focal Point had received five phone calls relating to financial elder abuse which Focal Point had, in turn, reported to the Los Angeles County Adult Protection Services.

**G. Elder Abuse/Fraud**

Commissioner Cohen noted that financial literacy was an important factor in reducing fraud.

Commissioner Cohen presented information on a credit card scam and reported that Costco was now offering identify theft protection.

Commissioner Griffith presented information on an article on a scam which ransomed people's computer and demanded payment.

**10. ORALS/ANNOUNCEMENTS**

Commissioner G. Davis reported that she and Commissioner Kraemer had attended the Historical Society's Tea.

Commissioner Cohen reported that he had taken a four hour driver's safety training class sponsored by the American Automobile Association (AAA) and noted that the trainers had stated that left hand turns were the most dangerous.

There was a discussion of the age at which one was required to re-take a driver's test and if the test was specific to seniors.

Commissioner G. Davis announced that South Bay Village had received a large donation. She noted that she would supply informational South Bay Village brochures to the City libraries and added that she was working with Julie Dojiri, Civic Affairs Chairperson for South Bay New Horizons.

Chairperson K. Davis thanked Commissioner G. Davis and her husband for all their work on the South Bay Village project.

Senior Librarian Deleget reported that the check out desk area of the Katy Geissert Civic Center Library was being remodeled to make it more ergonomic and easier to use for both staff and the public and added that staff had been temporarily moved to the lobby for check-out and return of books.

Commissioner G. Davis thanked the Commission for their nomination.

## **11. ADJOURNMENT**

At 11:10 a.m., Commissioner G. Davis moved to adjourn the meeting to the joint meeting with the City Council on Tuesday, March 10, 2015 at 9:30 a.m. in the Hosler Conference Room at the Bartlett Senior Citizens Center The motion was seconded by Commissioner Miranda and a roll call vote reflected unanimous approval. (Absent Commissioner Kimmel-Dagostino)

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| Approved as submitted<br>March 10, 2015<br>s/ Rebecca Poirier, City Clerk |
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