



## Commission on Aging

The Commission on Aging meets on the second Tuesday of each month, 9:30 a.m. at the Bartlett Senior Citizens Center. All meetings are open to the public.

Those who wish to speak on any matter on the agenda are requested to complete a "Speaker Information Card" (available at the meeting) and give it to the Staff Liaison to ensure correct spelling on names in the minutes. Direct any questions or concerns to the Commission on Aging Liaison, Debbie Reed, at 310/618-2949.

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Liaison's Office at 310/618-2947. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. [28 CFR 35.102-104 ADA Title II]

Agendas and Minutes are posted on the City of Torrance Home Page [www.TorranceCA.Gov](http://www.TorranceCA.Gov). Please direct any questions or concerns to the Community Services Director John Jones at 310/618-2939.

### HOURS OF OPERATION

- **Bartlett Senior Citizens Center** -  
Monday through Saturday from  
8:00 a.m. to 4:00 p.m. and  
Sundays: 12:30 – 4:00 p.m.

- **City Hall** -  
**3031 Torrance Boulevard**  
Monday through Friday  
From 7:30 a.m. to 5:30 p.m.

**Offices are closed alternate Fridays  
and certain holidays:  
September 2, 2019**

**City Hall will be closed Fridays:  
September 13 and 27, 2019**

## COMMISSION ON AGING REGULAR MEETING

BARTLETT SENIOR CITIZENS CENTER  
HOSLER CONFERENCE ROOM  
1318 CRAVENS AVENUE. TORRANCE

TUESDAY, SEPTEMBER 10, 2019  
9:30 A.M.

### AGENDA

1. CALL MEETING TO ORDER
2. ROLL CALL/MOTIONS FOR EXCUSED ABSENCE
3. FLAG SALUTE AND INSPIRATIONAL
4. MOTION TO ACCEPT AND FILE THE REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA
5. APPROVAL OF MINUTES – August 13, 2019.
6. ORAL REPORTS ON SENIOR CITIZENS CONCERNS
  - A. City Council Activities
  - B. Housing
  - C. Health
  - D. Transportation
  - E. Community Programs
  - F. Focal Point Program
  - G. Elder Abuse/Fraud
7. ORAL COMMUNICATIONS/ANNOUNCEMENTS  
*This portion of the meeting is reserved for comment on items not on the agenda. Under the Ralph M. Brown Act, City Council cannot act on items raised during public comment, but may respond briefly to statements made or questions posed; request clarification; or refer the item to staff. Speakers under Orals may speak only once and no longer than 3 minutes per speaker.*
8. ADJOURNMENT  
To a regular Meeting on Tuesday, October 8, 2019 at 9:30 a.m. at the Bartlett Senior Citizens Center, Hosler Conference Room.

*Creating and Enriching Community through People, Programs, and Partnerships*

**ROLL CALL:** G. Davis \_\_\_\_\_ K. Davis \_\_\_\_\_ Dojiri \_\_\_\_\_ Grundhaus \_\_\_\_\_ Hileman \_\_\_\_\_  
Mayfield \_\_\_\_\_ Virobik \_\_\_\_\_

**MINUTES OF A REGULAR MEETING OF  
THE TORRANCE COMMISSION ON AGING**

**1. CALL TO ORDER**

The meeting was called to order on Tuesday, August 13, 2019 at 9:30 a.m. in the Hosler Conference Room at the Bartlett Senior Citizens Center.

**2. ROLL CALL/MOTIONS FOR EXCUSED ABSENCE**

Present: Commissioners G. Davis, K. Davis, Dojiri, Hileman, Mayfield, Virobik and Chairperson Grundhaus

Absent: None

Staff: Senior Recreation Supervisor Reed

**3. FLAG SALUTE AND INSPIRATIONAL**

Commissioners K. Davis led the Pledge of Allegiance and Irene Griffith provided the inspirations.

Mr. Keith Montoya reported that he had wished to personally come before the Commission to thank them for the honor of his Older American award.

**4. MOTION TO ACCEPT AND FILE THE REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA**

**MOTION:** Commissioner Mayfield moved and Commissioner K. Davis seconded, to accept and file the Affidavit of Agenda Posting for its meeting of August 13, 2019. The motion passed by a unanimous roll call vote.

**5. APPROVAL OF MINUTES – July 9, 2019**

**MOTION:** Commissioner K. Davis moved and Commissioner G. Davis seconded, to approve the minutes of the Commission on Aging meeting of July 9, 2019, as submitted. The motion passed by a unanimous roll call vote.

**6. PRESENTATION: MAIL FRAUD PREVENTION; GLENN MORIMOTO, FEDERAL LAW ENFORCEMENT AGENT WITH THE U.S. POSTAL SERVICE**

Mr. Morimoto presented a slide show and explained that the U.S. Postal Service investigated any crime related to items that went through the mail: theft, child pornography, fraud, dangerous materials, weapons or bombs. He discussed the ongoing problem of international lottery schemes and noted that the prime rule to remember was “don’t pay to play”. He explained that the crime was often unreported as the victims, especially seniors, were reluctant to report the theft, due to embarrassment or the fear of losing their independence in financial matters. He stated that the crimes were increasing and would continue to increase, as the number of seniors rose, and noted that the Postal Inspection Service did not have enough staff to combat the problem. He explained that once a person had become a victim of a scam, they were now on the “sucker list” and it would become increasingly more difficult to remove themselves from the relentless pursuit of the scammers. He discussed steps that family members could take to reduce the risks for senior family members:

- Be aware of a change in habits: mail piling up, trouble paying bills, etc.
- Look for stacks of sweepstakes offers-solicitation letters
- Check credit history
- Limit access/ability to wire funds, cashier checks
- Change phone number
- Have power of attorney

He discussed steps that anyone could do to protect their identity and distributed brochures with additional information:

- Mail your mail inside the post office, don't leave mail to be picked up on home mail boxes or in outside postal boxes, especially boxes with large openings or during off hours.
- Avoid internet offers
- Protect credit cards
- Check credit history
- Shred personal information
- Change passwords

## **7. DISCUSSION: APPROVAL OF 2018-2019 ANNUAL REPORT**

The Commission thanked Commissioner K. Davis for preparing the report. Commissioner K. Davis explained that the report would be presented for approval to the Council in September. Chairperson Grundhaus stated that she would attend the Council meeting to answer any questions on the report.

**MOTION:** Commissioner Virobik moved and Commissioner G. Davis seconded, to accept the Annual Report. The motion passed by a unanimous roll call vote.

## **8. ORAL REPORTS ON SENIOR CITIZENS CONCERNS**

Commissioner K. Davis stated that starting next month she would be responsible for the report on Elder Abuse/Fraud.

Commissioner Mayfield stated that starting next month she would be responsible for the report for Transportation.

### **A. City Council Activities**

Commissioner Dojiri welcomed Commissioner Hileman to the Commission.

Commissioner Dojiri reported that the Council had created a Historic Preservation Commission and noted that former Councilmember Weideman would serve on the Commission. She noted that the City Clerk had reminded citizens of the upcoming District election on March 3, 2020 for Districts 2, 4 and 6 and the 2022 election for Districts 1, 3 and 5.

There was a discussion of the absence of the City Treasurer.

Commissioner Dojiri reported that Council was hoping to have amendments to the City Charter on the March ballot and noted that the changes would be discussed at public hearings. She added that the proposed amendments could be found online with the Council agendas.

There was a discussion of the types of discussion now occurring at Council meetings

under Orals.

**B. Housing**

Commissioner Virobik discussed a website for housing for the homeless.

**C. Health**

Commissioner Virobik reported on an article from Age Watch regarding a budget boost for health coverage for low-income Californians.

Commissioner Mayfield stated that used/old medications could be disposed of at any Kaiser pharmacy.

Commissioner Hileman stated that starting next month she would be responsible for the report on Health.

**D. Transportation**

Commissioner K. Davis stated that she would send Commissioner Mayfield the contact information for Transit Manager James Lee and Transit Analyst Mark McDougal.

**E. Community Programs**

Commissioner G. Davis announced the Torrance Woman's Club would be presenting a senior prom on October 19, tickets would cost \$35 per person and all proceeds would go to South Bay Village.

**F. Focal Point Program**

Commissioner Virobik reported the following statistics for the month of:

**July 2019**

Total number of documented calls: 58	Total number of callbacks: 19
Miscellaneous calls: 73	Total number of walk-ins: 30
Total number of calls received: 131	Web Inquiries:

Of the documented calls:

34.5% were for housing	27.5% were for in home services
17.4% were for transportation	

Commissioner Virobik reported that Focal Point had participated in two community events and had received an extensive Earthquake Preparedness presentation from the Fire Department Emergency Services Manager Snoddy. She stated that she would forward information from the presentation to Chairperson Grundhaus and Commissioners Dojiri and G. Davis.

**G. Elder Abuse/Fraud**

No report.

**9. ORAL COMMUNICATIONS/ANNOUNCEMENTS**

Commissioner Dojiri announced that Dana Collins of Clear Captions had done a presentation to New Horizons on no cost captions for seniors' mobile phones. Chairperson

Grundhaus stated that she would contact the company to make a presentation to the Commission.

There was a discussion of homeless camping in front of businesses.

There was a discussion of cost of cremation and burial.

Irene Griffith reported on items from the California Advocates for Nursing Home Reform (CANHR): the 2019-20 California budget would raise the income eligibility threshold to 138% of the federal poverty level for those under Medi-Cal, proposals to cut back requirements for nursing home protections and hearings on nursing home abuses.

Chairperson Grundhaus presented outgoing Chair K. Davis a plaque in recognition of her service to the Commission on Aging.

Commissioner G. Davis announced the sudden death of Maria Hoffman's husband.

In response to a question from Commissioner Hileman, Ms. Griffith stated that there was a newsletter with information for seniors, sent out through the Bartlett Center.

Senior Recreation Supervisor Reed stated that the Farmer's Market Manager had requested to speak to the Commission at the next meeting about EBT cards for California Food Stamps, now available at the market.

Senior Recreation Supervisor Reed reminded the Commission about the upcoming Water District meeting.

#### **10. ADJOURNMENT**

At 11:04 a.m., Commissioner Virobik moved to adjourn the meeting to the regular meeting on Tuesday, September 10, 2019 at 9:30 a.m. at the Hosler Conference Room at the Bartlett Senior Citizens Center. The motion was seconded by Commissioner G. Davis and a roll call vote reflected unanimous approval.

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