

***Help is just a
phone call away***



Employees are an organization's most important resource. That's why the City of Torrance has contracted with Managed Health Network (MHN) to provide an Employee Assistance Program (EAP) responsive to a variety of needs.

All assessments and consultations are strictly CONFIDENTIAL. Services are available to all employees and their immediate families and include:

Clinical Counseling

- *Managing stress*
- *Family problems*
- *Divorce and marital issues*
- *Substance abuse*

Other problems of concern to your or your family members

Telephone Consultations

- *Financial Consultations* Family budgets, saving money, setting financial goals...
- *Pre-Retirement* Financial considerations, impact, relocation issues...
- *Child Care* Assess current and future needs, identify community resources...
- *Elder Care* Identify public and private resources and housing, health care and legal needs...
- *Legal* Family law, wills and contracts, real estate...
- *Federal Taxpayer Consultation* IRS audit or collection actions, delinquent or unfiled returns, other IRS problems...
- *Organizing Life's Affairs* Getting organized, essential documents, personal record-keeping...