

City of Torrance

5-0 and on the go!
Promoting fitness, fun, and friendships
NOVEMBER/DECEMBER 2016

Holiday Arts and Crafts Sale

Saturday, November 12, 2016 - 9:30 a.m. to 2:30 p.m.
Ken Miller Recreation Center - 3341 Torrance Blvd.

**Come find that special one-of-a-kind gift,
hand-crafted by Senior Citizens!**

(Crafts Vendors: please call the Bartlett Center at 310/320-5918
for more information and registration forms!)



Holiday Luncheon

Friday, December 16, 2016 at 11:30 a.m.

Ken Miller Recreation Center

3341 Torrance Blvd. in Torrance

\$12.00 per person

Menu: Pot Roast, Mashed Potatoes,

Praline Sweet Potatoes, Peas,

Dinner Roll, and Pecan Pie

Tickets will be on sale Nov. 1st at Bartlett Center

(You may purchase a maximum of two tickets)

Seating is limited - Please purchase your tickets early!

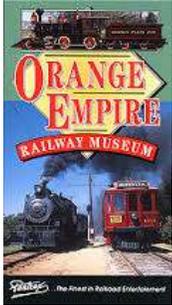




Torrance Travelers

On the go again!

Please join us for the following WINTER 2017 excursions designed for those 50 years of age and over:



January 18, 2017

Riverside Rail Tour

New Tours!

tour of the Orange Empire Railway Museum * Ride on a trolley and a train
Lunch at *The Old Spaghetti Factory* in Riverside

Torrance resident fee: \$87.00
Non-resident fee: \$97.00

February 15, 2017

Historic Homes of Orange County

Guided tour of the Modjeska House * Lunch at Rib Trader in Orange

Docent-led tour of the Bradford House

Torrance resident fee: \$95.00
Non-resident fee: \$105.00



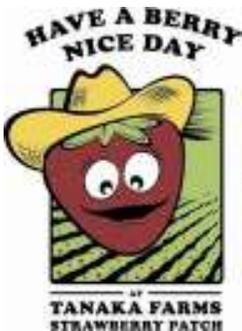
March 22, 2017

Tanaka Farms Strawberry Tour

Narrated ride aboard a tractor-driven wagon

take home a basket of strawberries * Lunch at the Huntington Beach Hotel

Torrance resident fee: \$87.00
Non-resident fee: \$97.00



Register for WINTER 2017 excursions on:

Friday, January 6, 2017

9:00 to 11:00 a.m.

Ken Miller Recreation Center

3341 Torrance Boulevard in Torrance

(Near Madrona and Torrance Blvd. behind the Torrance Plunge)

Torrance resident registration begins at 9:00 a.m.

Non-resident registration begins at 10:00 a.m.

Payment may be made by check or credit card only!

Sorry, we cannot accept cash.

Please make checks payable to the *City of Torrance*.

For openings after January 6, 2017 or for cancellations, please call 310/618-2720.

For tour information, please call our Tour Information line at 310/618-2468.

VIENNA BOYS CHOIR

Saturday, December 3, 2016

LEAVES FROM WILSON PARK at 11:00 a.m.

RETURNS at approximately 7:00 p.m.

Boys have been singing at Vienna's Imperial Chapel since 1296. In 1498, Maximilian I moved his court to Vienna and instructed there were to be six singing boys among his musicians. This marked the foundation of what is known today as the Vienna Boys Choir. Over the centuries, the Viennese Court attracted musicians like Mozart, Salieri, and Bruckner; Joseph Haydn, Michael Haydn, and Franz Schubert were themselves choristers. We'll be treated to the angelic voices of the Vienna Boys Choir in a special program featuring classical masterpieces and holiday favorites. One of the world's oldest and most revered choral groups, this illustrious group of child musicians has delighted music lovers around the world for more than five centuries with the exquisite purity of their voices and phenomenal sound. We'll have lunch at the historic **Anaheim White House Restaurant!**

Torrance resident fee: \$102.00

Non-resident fee: \$117.00



RIVERSIDE RAIL TOUR

Wednesday, January 18, 2017

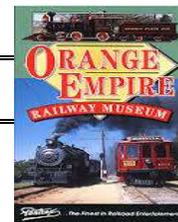
LEAVES FROM WILSON PARK at 8:00 a.m.

RETURNS at approximately 6:00 p.m.

The **Orange Empire Railway Museum** has been preserving Southern California's railway history since 1956. We'll spend the morning on a guided tour where we'll explore the West's largest collection of railway locomotives, passenger and freight cars, streetcars, interurban electric cars, buildings, and other artifacts dating from the 1870s. We'll even have a chance to ride on one of the streetcars, trolleys, or trains on the museum railway. For lunch we'll head over to the **Old Spaghetti Factory** where we'll each have our choice of: Baked lasagna: Spaghetti with Meat Sauce; or Chicken Marsala, all served with house salad, spumoni, and beverage. We'll also make a visit to **Tom's Farms**. We'll tour the farm aboard an authentic reproduction of an 1800s steam-powered train! There will be plenty of time to browse for goodies at Tom's gourmet shops!

Torrance resident fee: \$87.00

Non-resident fee: \$97.00



HISTORIC HOMES OF ORANGE COUNTY

Wednesday, February 15, 2017

LEAVES FROM WILSON PARK at 8:00 a.m.

RETURNS at approximately 5:30 p.m.

Discover Orange County of yesteryear on this great day trip! We begin our day with a guided tour of the home of world famous Shakespearean actress, **Helen Modjeska**. New York architect Sanford White designed the rambling white cottage with several porches, a Palladian window, and picturesque gables. Named "Arden," the century old home stands in a grove of white oak on the banks of Santiago Creek in Modjeska Canyon and has been designated a **National Historic Landmark**. Then we're off to the **Rib Trader Restaurant** for their delicious Chicken and Rib Combo with Coleslaw, Baked Beans, Cornbread, Dessert, and Beverage. Our last stop of the day is for a tour of the **Bradford House**. Built in 1902 for \$8000.00, this 15-room Victorian Queen Anne style home was designated as a historical site by Orange County Historical Commission in 1978. It is an excellent example of the prosperous, turn-of-the-century ranch home. Some of the highlights include a ruby glass window, handcrafted hemlock staircase, and a double fireplace separating the library and dining room. Join us on this exciting "peek into the past" as we retrace the history of Orange County.

Torrance resident fee: \$95.00

Non-resident fee: \$105.00



HAPPY
TURKEY
THANKSGIVING!

TANAKA FARMS STRAWBERRY TOUR



Wednesday, March 22, 2017

Torrance resident fee: \$87.00

LEAVES FROM WILSON PARK at 10:30 a.m.

Non-resident fee: \$97.00

RETURNS at approximately 5:30 p.m.

Experience life on the farm at Orange County's largest U-Pick farm! Climb aboard a tractor-driven wagon for a narrated ride around a 30-acre working farm to see how our favorite fruits and vegetables grow. While on the tour, we'll have a chance to sample many of the fruits and vegetables that we see growing. At the end of the tour, there will be more Tanaka Farms fruit to taste and we'll each receive a basket of strawberries to take home! We'll have a delicious buffet lunch at the **Huntington Beach Hotel**.

CALENDAR OF EVENTS

November 12 9:30 a.m. – 2:30 p.m.	<i>Senior Citizens Arts and Crafts Show</i>	Ken Miller Recreation Center 3341 Torrance Blvd., Torrance
December 16 11:30 a.m.	<i>Holiday Luncheon</i>	Ken Miller Recreation Center 3341 Torrance Blvd. in Torrance
January 6 9:00 – 11:00 a.m.	<i>Torrance Travelers Tours Registration</i>	Ken Miller Recreation Center 3341 Torrance Blvd. in Torrance
January 17 10:00 a.m.	<i>Tillandsia (air plant) Jellyfish!</i>	Tillim Senior Citizens Center 3612 W. Artesia Blvd. in Torrance
February 14 11:30 a.m.	<i>Valentine's Luncheon</i>	Bartlett Senior Citizens Center 1318 Cravens Ave. in Torrance

WALTERIA PARK SENIOR CITIZENS CENTER

3855 W. 242nd Street – 310/378-3862

MONDAY 12:00 noon to 4:00 p.m. * Table Games and Pinochle *

THURSDAY 12:00 noon to 4:00 p.m. * Table Games and Hand & Foot *

Coffee and cookies always just 30¢!



Experience Monday Pinochle! Drop in any time and get in the game! We're working on forming a Bridge group, so if you're into Bridge, give us a call any Monday from 12 noon to 4:00 p.m. and let's get started!



Calling all Rockhounds! Lapidary Workshop at Bartlett Center

1318 Cravens Avenue in Torrance – 310/320-5918

Monday and Thursday - 9:30 a.m. to 12:30 p.m.

Fee: \$2.00



Lapidary is the art of cutting, grinding, and polishing of stone.

It's a Hobby enjoyed by people of all ages and with a little practice you can become proficient at creating your own beautiful works of art!

The lapidary center at Bartlett is a fully equipped rock shop and offers everything you need to get started in this exciting hobby! No experience is necessary and we have terrific lapidary experts to get you started!



New at Tillim Center

Hand and Foot!

3612 W. Artesia Blvd. in Torrance- 310/329-1889

WEDNESDAYS 11:30 a.m.

Are you looking for a fun card game to play? Do you want to keep your mind sharp? If you do, Hand and Foot could be the game for you! It's a lively, fun card game that's easy to learn! We'll even teach you how to play! Please join us any Wednesday and bring a friend!

Tillandsia Jellyfish!



Tuesday, January 17, 2017
10:00 a.m.

Fee: \$2.00 plus materials
Tillim Senior Center

3612 W. Artesia Blvd., Torrance

Join us for a fun workshop and create your own Tillandsia jellyfish! You'll learn about Tillandsias (air plants) and how to for them. All materials will be provided!

To register, call 310-329-1889



Torrance Loving Care "TLG" Tuesdays

First Tuesdays ~ 9:30 - 11:30 a.m.

Tillim Senior Center 3612 W. Artesia Blvd., Torrance 310/329-1889

Join our monthly crafts workshop on the first Tuesday of each month and create greeting cards, which are sent to many helping organizations including Children's Hospital, women's shelters, Veteran's Hospital, and our men and women serving in the Armed Forces.



FRIDAY RECREATION CENTER SENIORS

Ken Miller Recreation Center - - - - 3341 Torrance Blvd.
Fridays only * (Near Madrona and Torrance Blvd., behind the Torrance Plunge)

Intermediate Cardio Salsa * 9:25 - 10:55 a.m.

Fee: \$45.00/Semester (fall term 9/16/16 - 12/9/16)

Engage in an aerobic work-out while learning new dance steps and routines for physical fitness and performance.
This class is for those who have taken Beginning or who have some experience in Latin or ballroom dance.

Beginning Cardio Salsa * 11:05 a.m. - 12:35 p.m.

Fee: \$45.00/Semester (fall term 9/16/16 - 12/9/16)

Roland teaches you salsa, meringues, and line dancing all in this terrific aerobic work-out!
*Classes are offered in cooperation with Torrance Adult School Older Adult Program (310/533-4689)
and the City of Torrance Community Services Department.*

HERMA TILLIM CITIZENS CENTER

3612 W. Artesia Blvd. 310/329-1889

Tuesday, Wednesday, and Thursday ☺ 9:00 a.m. to 3:00 p.m.



TUESDAY	9:00 a.m. - 3:00 p.m.	Bridge and Table Games
	9:30 a.m.	Jewelry Workshop w/ Diana 2nd Tuesday of the month
	9:30 - 11:30 a.m.	Torrance Loving Care "TLC" Greeting cards workshop 1 st Tuesdays of the month
WEDNESDAY	9:30 a.m.	Gentle Fitness and Chair Dancing
	12:30 - 3:00 p.m.	Movie Matinee 1st Wednesday of the month
THURSDAY	9:00 a.m. - 3:00 p.m.	Center is Open
	12:30 - 3:00 p.m.	Bingo – Play Bingo with friendly people. We have a very nice group, and a great caller! Please bring a canned good or non-perishable item worth \$1.00

Tillim Movie Matinee! Join us for movies at Tillim Center!

First Wednesday of Each Month at 12:30 p.m.

November 2, 2016: *Elsa & Fred*

Rated PG-13

Featuring: Christopher Plummer, Shirley McClaine, and Marcia Gay Harden

December 7, 2016: *Home Alone*

Rated PG

Featuring: Macaulay Culkin, Joe Pesci, and Daniel Stern

Movie for January: *Annie*

BARTLETT SENIOR CITIZENS CENTER



1318 Cravens Avenue 310/320-5918

HOURS: MONDAY through SATURDAY – 8:00 a.m. to 4:00 p.m. SUNDAY - 12:30 to 4:00 p.m.

Hot, nutritious lunches served MONDAY through FRIDAY at 11:30 a.m. for the low cost of \$2.50. Please make reservations at least 24 hours in advance. If you need to cancel, please call so that others may take your place.

Card Games, Table Games, and Pool playing all day, every day, plus the following scheduled activities:

MONDAY	8:05-9:35 a.m.	“Fitness Difference for Seniors” Fee: \$69.00/Term (9/12/16 - 12/9/16) Co-Sponsored by Torrance Adult School - Older Adult Program (310/533-4689)
TUESDAY	9:30 a.m.-12:30 p.m. 9:00 a.m.-12:00 noon	Lapidary Workshop Wrap-around Safety Glasses are Required! Shuffleboard
WEDNESDAY	8:05-9:35 a.m.	“Fitness Difference for Seniors” Fee: \$69.00/Term (9/12/16 - 12/9/16) Co-Sponsored by Torrance Adult School - Older Adult Program (310/533-4689)
THURSDAY	9:00 a.m.-3:00 p.m. 9:00 a.m.	Beadwork Workshop Ceramics Workshop
FRIDAY	9:30-11:30 a.m. 12:30-2:30 p.m.	Lapidary Workshop Wrap-around Safety Glasses are Required! Thursday Afternoon at the Movies Open Crafts Workshop
SATURDAY	9:00 a.m. 9:30 a.m. 9:30-11:00 a.m. 12:30 p.m.	Seniors Open Discussion Group Cards and assorted table games are played “The Swinging, Singing Seniors” Newcomers WELCOME! South Bay Strummers Ukulele Group Saturday Afternoon at the Movies
SUNDAY	12:30-4:00 p.m.	Bartlett Center is Open! Drop on in!

Special Notes: Legal Advice is available by appointment on the first Tuesday of the month at 11:00 a.m. and the third Tuesday of the month at 1:30 p.m. Please call 310/320-5918 to make an appointment.

HICAP (Health Insurance Counseling and Advocacy Program) - Counselor Doris Herzog provides free assistance with Medicare and other health insurance information on the first and third Wednesday of each month.

Please call 310/320-5918 to make an appointment.

Free computer training is available by appointment on Monday afternoons.

Please call 310/320-5918 for more information or to make an appointment.



Free Computer Training at the Bartlett Center

Discover that using a computer is easy!

Monday Afternoons by Appointment

For more information, contact the Bartlett Center at 310/320-5918



SEA-AIRE SENIOR CITIZENS GOLF CLUB

Sea-Aire Park - 22730 Lupine Drive – 310/543-4653 - 9 holes

Meets Every **FRIDAY** from 8:30 to 11:00 a.m.

Upcoming general meetings are November 4 and December 2, 2016

If you are a senior and would enjoy getting out for a morning of “pitch and putt” competition and good fellowship, come on out and see what we have to offer!



THURSDAY AND SATURDAY MATINEES!

FREE MOVIES AND POPCORN

BARTLETT CENTER CONFERENCE ROOM AT 12:30 P.M.



November 3 and 5

Frontera
Rated PG-13

Ed Harris
Eva Longoria
Michael Peña

November 10 and 12

Elsa & Fred
Rated PG-13

Christopher Plummer
Shirley McClaine
Marcia Gay Harden

November 17 and 19

Reach Me
Rated PG-13

Danny Aiello
Tom Berenger
Lauren Cohan

November 26

(BARTLETT CLOSES AT
12 NOON ON NOVEMBER 24)



St. Vincent
Rated PG

Bill Murray
Melissa McCarthy
Chris O'Dowd

December 1 and 3

The Rewrite
Not Rated

Hugh Grant
Marisa Tomei
Bella Heathcote

December 8 and 10

Barefoot

Rated PG-13 for some sexual content including references, partial nudity, brief strong language, and a scene of violence.

Evan Rachel Wood
Scott Speedman
Treat Williams

December 15 and 16

Secondhand Lions
Rated PG

Robert Duval
Michael Caine
Haley Joel Osment

December 22

Bartlett Center
is closed December 24



Home Alone
Rated PG

Macaulay Culkin
Joe Pesci
Daniel Stern

December 29

Bartlett Center
is closed December 31

The Theory of Everything
Rated PG-13

Eddie Redmayne
Felicity Jones
Charlie Cox

**SEATING IS LIMITED TO 25 PEOPLE - NO RESERVED SEATS - DOOR OPENS AT 12:00 NOON!
FEATURED FILM SELECTION IS SUBJECT TO CHANGE DUE TO AVAILABILITY!**