



SOUTH COAST AIR QUALITY MANAGEMENT DISTRICT
AIR QUALITY FORECAST
 Monday, November 17, 2008

Area #	Monitoring Area	Today's Air Quality Forecast Valid Monday, 11/17/2008			Tomorrow's Air Quality Forecast Valid Tuesday, 11/18/2008		
		AQI	AQI Description	Pollutant	AQI	AQI Description	Pollutant
1	Central Los Angeles County	135	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5	106	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
2	Northwest Coastal Los Angeles Co.	140	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5	106	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
3	Southwest Los Angeles County Co.	140	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5	104	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
4	South Coastal Los Angeles Co.	151	UNHEALTHY	PM2.5	104	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
5	Southeast Los Angeles Co.	135	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5	102	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
6	West San Fernando Valley	151	UNHEALTHY	PM2.5	112	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
7	East San Fernando Valley	151	UNHEALTHY	PM2.5	110	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
8	West San Gabriel Valley	140	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5	106	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
9	East San Gabriel Valley	130	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5	104	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
10	Pomona/Walnut Valley	151	UNHEALTHY	PM2.5	106	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
11	South San Gabriel Valley	145	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5	108	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
12	South Central Los Angeles Co.	130	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5	104	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
13	Santa Clarita Valley	151	UNHEALTHY	PM2.5	104	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
14	Antelope Valley	80	MODERATE	PM2.5	70	MODERATE	PM2.5
15	San Gabriel Mountains	151	UNHEALTHY	PM2.5	104	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
16	North Orange County	151	UNHEALTHY	PM2.5	104	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
17	Central Orange County	145	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5	106	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
18	North Coastal Orange County	151	UNHEALTHY	PM2.5	104	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
19	Saddleback Valley	140	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5	102	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
20	Central Coastal Orange County	110	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5	102	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
21	Capistrano Valley	95	MODERATE	PM2.5	93	MODERATE	PM2.5
22	Corona/Norco Area	108	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5	108	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
23	Metropolitan Riverside County	99	MODERATE	PM2.5	89	MODERATE	PM2.5
24	Perris Valley	66	MODERATE	PM2.5	66	MODERATE	PM2.5
25	Lake Elsinore Area	70	MODERATE	PM2.5	70	MODERATE	PM2.5
26	Temecula Valley	60	MODERATE	PM2.5	60	MODERATE	PM2.5
27	Anza Area	58	MODERATE	PM2.5	58	MODERATE	PM2.5
28	Hemet/San Jacinto Valley	60	MODERATE	PM2.5	62	MODERATE	PM2.5
29	Banning/San Gorgonio Pass	60	MODERATE	PM2.5	60	MODERATE	PM2.5
30	Coachella Valley	54	MODERATE	PM2.5	56	MODERATE	PM2.5
31	East Riverside County	45	GOOD	PM2.5	45	GOOD	PM2.5
32	Northwest San Bernardino Valley	70	MODERATE	PM2.5	70	MODERATE	PM2.5
33	Southwest San Bernardino Valley	145	UNHEALTHY FOR SENSITIVE GROUPS	PM10	102	UNHEALTHY FOR SENSITIVE GROUPS	PM2.5
34	Central San Bernardino Valley	85	MODERATE	PM2.5	85	MODERATE	PM2.5
35	East San Bernardino Valley	66	MODERATE	PM2.5	66	MODERATE	PM2.5
36	West San Bernardino Mountains	60	MODERATE	PM2.5	60	MODERATE	PM2.5
37	Central San Bernardino Mountains	54	MODERATE	PM2.5	54	MODERATE	PM2.5
38	East San Bernardino Mountains	52	MODERATE	PM2.5	52	MODERATE	PM2.5
39	Phelan	52	MODERATE	PM2.5	49	GOOD	PM2.5
40	Hesperia	49	GOOD	PM2.5	49	GOOD	PM2.5
41	Trona	42	GOOD	PM2.5	45	GOOD	PM2.5
42	Victorville	45	GOOD	PM2.5	42	GOOD	PM2.5
43	Yucca Valley	45	GOOD	PM2.5	45	GOOD	PM2.5
44	Barstow	45	GOOD	PM2.5	45	GOOD	PM2.5
45	Twenty-nine Palms	45	GOOD	PM2.5	45	GOOD	PM2.5

What To Do When Air Pollution Reaches Unhealthy Levels

In areas with **UNHEALTHY FOR SENSITIVE GROUPS** air quality (Air Quality Index of 101 to 150), sensitive or susceptible persons, such as those with heart or lung disease, should minimize outdoor activity.

In areas with **UNHEALTHY** air quality (AQI of 151 to 200) or an **Ozone HEALTH ADVISORY Alert** (AQI of 132 to 200 for 1-hour ozone), everyone should discontinue prolonged, vigorous outdoor exercise lasting longer than one hour. Examples of the kinds of outdoor activities that should be avoided are calisthenics, basketball, running, soccer, football, tennis, swimming laps, and water polo. Susceptible persons, such as those with heart or lung disease, should avoid outdoor activity entirely.

In areas with **VERY UNHEALTHY** air quality (AQI of 201 or above) or an **Ozone STAGE-1 Alert** (AQI of 201 or above for 1-hour ozone), everyone should discontinue all vigorous outdoor activities regardless of duration.

Current air quality readings and forecasts can be obtained from the AQMD web page: www.aqmd.gov/smog or our automated voice recording system: (800) 288-7664. Monitoring area map: <http://www.aqmd.gov/map/MapAQMD2.pdf>
 Please send any questions, comments or email/FAX list changes to: Mr. Kevin Durkee, Air Quality Specialist
 Phone: (909) 396-3168, FAX: (909) 396-3927, E-Mail: kdurkee@aqmd.gov