

**MINUTES OF A REGULAR MEETING OF  
THE TORRANCE COMMISSION ON AGING**

**CALL TO ORDER**

The meeting was called to order on February 19, 2013 at 9:34 a.m. in the Hosler Conference Room at the Bartlett Senior Citizen Center.

**ROLL CALL/MOTIONS FOR EXCUSED ABSENCE**

Present: Commissioners Craft, G. Davis, Kraemer, Virobik, and Chairperson K. Davis

Absent: Commissioners Kimmel-Dagostino and Robelotto

Staff: Senior Recreation Supervisor Wand

**MOTION:** Commissioner Kraemer moved to approve the excused absences of Commissioners Kimmel-Dagostino and Robelotto; motion was seconded by Commissioner G. Davis. The motion passed by a unanimous roll call vote. (Absent Commissioners Kimmel-Dagostino and Robelotto)

**FLAG SALUTE**

Commissioner Craft led the Pledge of Allegiance.

**INSPIRATIONAL**

Chairperson K. Davis provided the following inspiration:

*We can't help everyone, but everyone can help someone.*  
Ronald Reagan

**ACCEPT AND FILE AFFIDAVIT OF AGENDA POSTING**

**MOTION:** Commissioner Virobik moved and Commissioner G. Davis seconded, to accept and file the Affidavit of Agenda Posting for its meeting of February 19, 2013. The motion passed by a unanimous voice vote. (Absent Commissioners Kimmel-Dagostino and Robelotto)

**APPROVAL OF MINUTES**

**MOTION:** Commissioner Kraemer moved and Commissioner Craft seconded, to approve the minutes of the Commission on Aging meeting of January 8, 2013, as submitted. The motion passed by a unanimous voice vote. (Absent Commissioners Kimmel-Dagostino and Robelotto)

**INTRODUCTION OF GUESTS**

Vickie Hershberger, Torrance Memorial Medical Center

**SENIOR CITIZENS CONCERNS**

**A. City Council Activities**

Commissioner Kraemer stated that the Centennial Committee had presented their final report to the City which indicated that the Committee had paid back the City and had made a profit of several thousand dollars.

Commissioner Kraemer noted that the City was studying ways to repair the arch bridge in Torrance.

Commissioner Kraemer stated that City had paid the balance owing on the 2012 Rose Float of \$17,500.

Commissioner Kraemer noted that City Council had supported the proposed yearly parcel water tax from the County, but that there would be further discussion on the issue.

### **B. Housing**

Chairperson K. Davis noted that Royal Wood Senior Care Center was asking for volunteers to assist the residents.

Commissioner Kraemer discussed a housing concept called the Pasadena Village, which allowed people to remain in their homes by forming a co-op community of services, vendors and social activities.

### **C. Health**

Commissioner Virobik presented information on an article on the proposed California budget which included the expansion of MediCal under the Affordable Care Act.

Chairperson K. Davis discussed an article by Helen Dennis in the Daily Breeze on people over 90 years old. Chairperson K. Davis noted that Helen Dennis will be at the Women's Club on Wednesday, April 3.

Chairperson K. Davis discussed an article on the benefit of whole food versus processed foods.

Senior Recreation Supervisor Wand stated that the Senior Fair will be on May 11, 2013.

### **D. Transportation**

None

### **E. Community Programs**

Chairperson K. Davis announced that the Women's Club would have game night on February 19, with the proceeds to go to the Attic.

Chairperson K. Davis reported that the Commission had received a certificate of appreciation from the Kiwanis Club.

Commissioners G. Davis and L. Kraemer noted that they'd be attending the meeting of the South Bay Cities Councils of Government (SBCCOG) on February 22, 2013.

### **F. Focal Point Program**

Commissioner Virobik reported the following Focal Point statistics for the month of:

#### **January 2013**

Total number of documented calls: 47	Total number of callbacks: 44
Miscellaneous calls: 61	Total number of walk-ins: 26
Total number of calls received: 108	

Of the documented calls:

23.4 % were for transportation	38.3% were for housing
28% were for in home services	

Commissioner Virobik reported that Focal Point had handled four elder abuse cases, but that three of the cases did not want to report the abuse to the authorities. She added that Focal Point did two community presentations.

### **G. Elder Abuse/Fraud**

Commissioner Virobik reported on an article on SB 60 which would help victims of elder and dependent adult financial abuse by making them eligible for mental health counseling and financial counseling.

There was a discussion of the process that would necessary to change the name of the Commission. Senior Recreation Supervisor Wand stated that she would investigate the procedure that would need to be followed.

### **OLDER AMERICANS RECOGNITION**

Commissioner Kraemer nominated Toni Sargent and distributed Ms. Sargent's resume to the Commission.

Senior Recreation Supervisor Wand stated that the City's age requirement for the Award was 50 or over, while the County's age requirement was 65 or over.

Commissioner G. Davis nominated Commissioner Kraemer.

Commissioner Kraemer stated that she would work on her resume for the next meeting.

Chairperson K. Davis nominated Fran Day and distributed Ms. Day's resume to the Commission.

Senior Recreation Supervisor Wand stated that more nominations could still be made.

It was decided to forward the information on the current nominations to Commissioners Kimmel-Dagostino and Robelotto.

Senior Recreation Supervisor Wand stated that she would confirm the information for the County Award.

It was decided to bring any additional nominations to next month's meeting and vote on all of the nominations that had been presented.

Senior Recreation Supervisor Wand noted that more than one person could be recognized by the City, but only one person could be nominated for the County award.

There was a discussion on recognizing businesses in the City that offered specials for seniors.

### **ORALS/ANNOUNCEMENTS**

Commissioner Virobik reported that she was in need of additional volunteers for Focal Point.

Senior Recreation Supervisor Wand announced that the Torrance Travelers Program was authorized to offer tours for April, May and June, through the end of the fiscal year. She added that the subsidy amount would increase to 40%, with an allocation of \$7,000. She noted that the additional \$25,000 needed would have to be considered in the next fiscal year's budget.

Senior Recreation Supervisor Wand stated that letters would be sent out to the participants with information on the three upcoming tours and the scholarship program, but that the tour program and its budget for the next fiscal year would be considered during the budget workshops in May.

Vickie Hershberger, Torrance Memorial Medical Center (TMMC) announced that TMMC had received an honorary service award from the PTA for their Healthy Ever After School Based Nutrition Education Program. She discussed the planned expansion of the program.

She noted that the TMMC would be collaborating with the South Bay Torrance YMCA to launch an evidence based diabetes prevention program.

She distributed information and discussed classes on Yoga for Wellness, Mindful Movement and cooking demonstrations for healthy eating.

Commission Craft noted that he had tickets available for the show, "The Lady Patriots" at the Nakano Theater on February 23 at 7:00 p.m.

**ADJOURNMENT**

The meeting was adjourned at 11:10 p.m. to the regular meeting on Tuesday, March 12, 2013 at 9:30 a.m. in the Hosler Conference Room at the Bartlett Senior Citizens Center.

Approved as Amended March 12, 2013 s/ Sue Herbers, City Clerk
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